Selective Mutism: Knowing What It Is and How You Can Help

February 4, 2027

1:30-3:00pm MT

This session will provide information on identifying selective mutism and distinguishing it from general shyness. The presenter will highlight various treatment options available, and will offer a baseline for how care providers can help promote recovery.



Learning Outcomes:

- General knowledge on what selective mutism is
- General knowledge on some of the defining characteristics and key symptoms
- General knowledge of various pathways that can be taken as treatment options
- General knowledge of research-based strategies for use in social settings

Speakers:

Remy Moerkerk, CCC and qualifying RCAT, Another Day Art Therapy and Psychotherapy Services, Owner, Counselling Therapist and Art Therapist, experience providing counselling and art therapy services to First Nations peoples through private practice and as a subcontractor with Child and Family Services and an Edmonton-based non-profit organization

Target Audience: Individuals who work in public sectors who may encounter individuals presenting with severe social anxiety resulting in a psychological inability or unwillingness to communicate verbally. This can include but is not limited to community liaisons, primary care physicians, social workers, educational assistants, educators, and recreation providers

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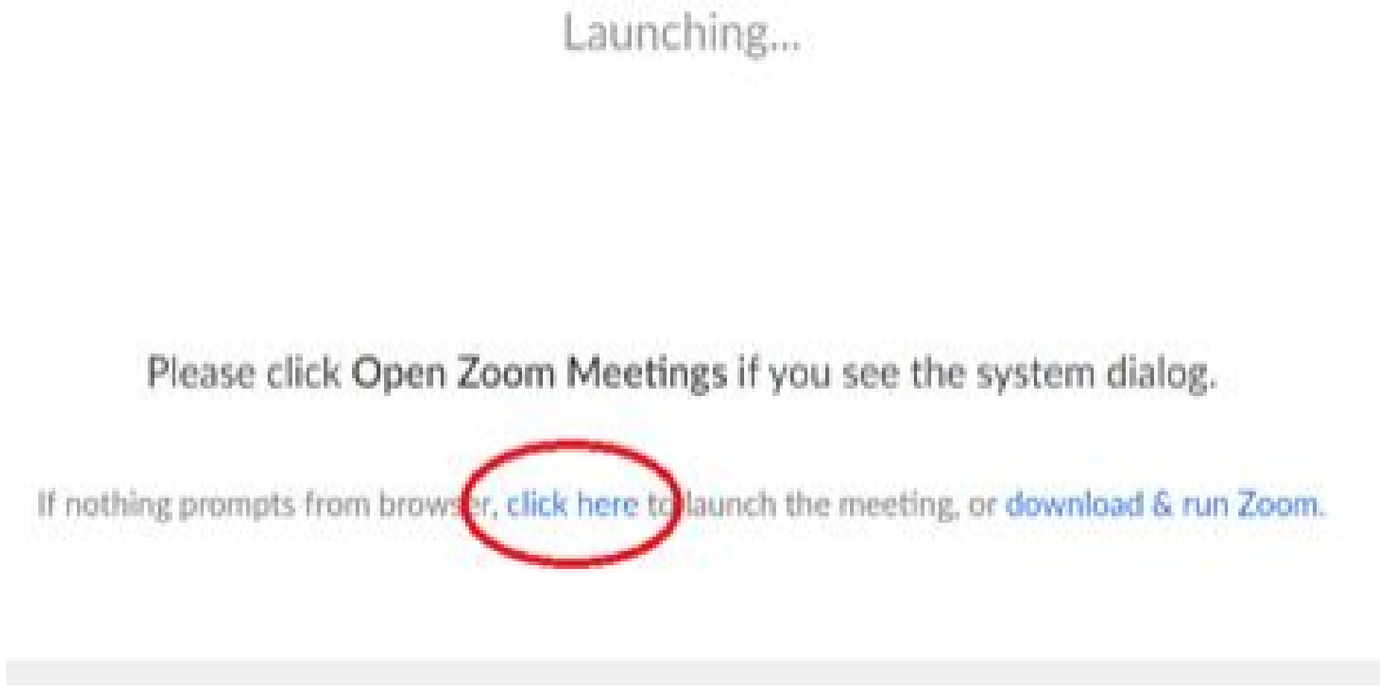
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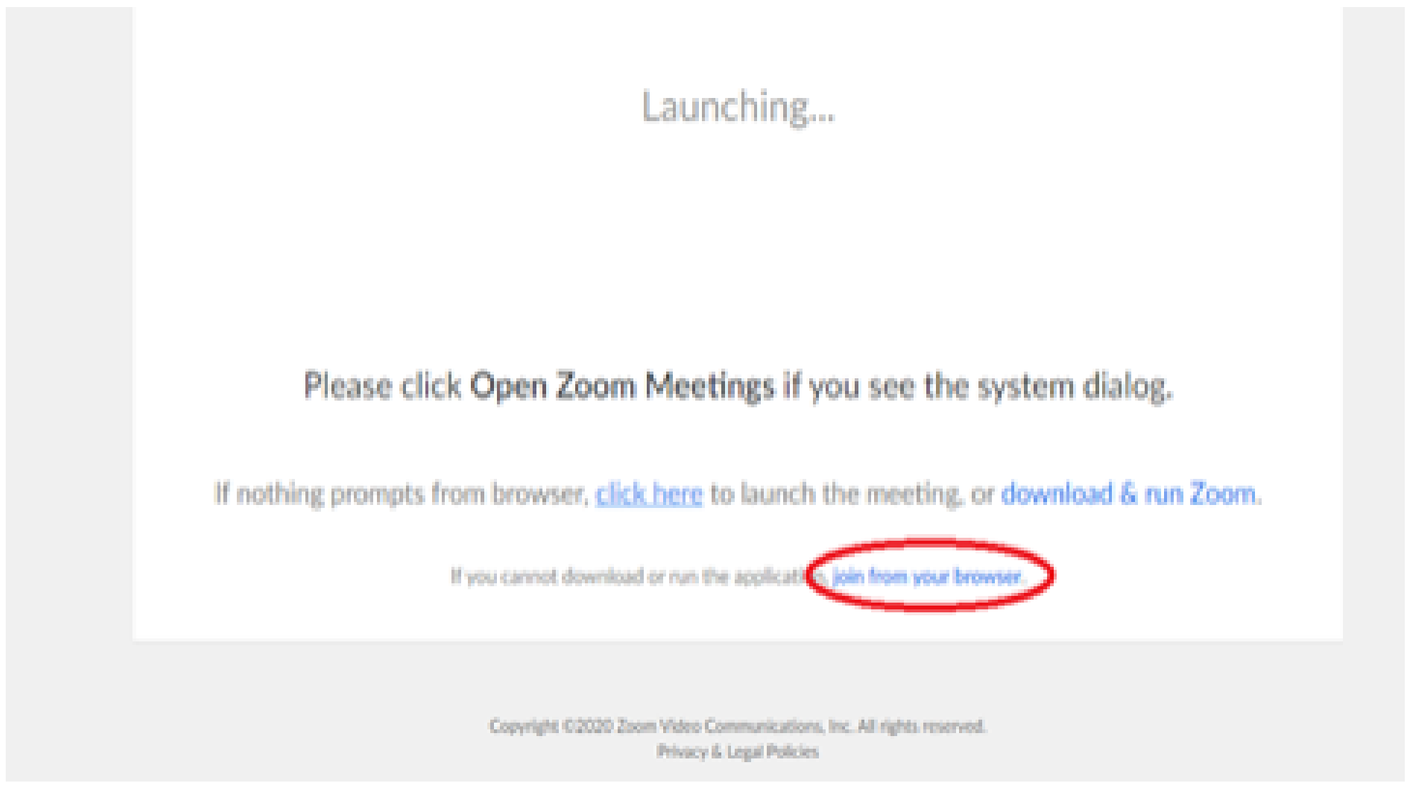
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