Supporting Families Who Have a Loved One Struggling with Substances

February 16, 2026

10:00-11:30am MT

Most familes come for help to know how to help their loved ones who are struggling and are looking for answers. This session will provide some direction and maybe more questions to engage with the family. Things like have you considered why they might be using substances, and one size does not fill all and ambivalence is normal and ways to navigate tough conversations with compassion and care.

***Please note that this session **will not** be recorded or uploaded to our website.*



Learning Outcomes:

- Keys to what family members are experiencing
- Videos and handouts to help guide the learning and the understanding of the history of "helping" and Indigenous Harm Reduction

Speakers:

Antoinette Gravel-Ouellette - Moms Stop the Harm Program Manager, Métis Woman with lived experience.

Target Audience: Anyone who supports those who have a loved one struggling with substance use

Please register for session at: https://fntn.ca/Home/Register-VC?eid=23268

To access this session from zoom: https://fntn.zoom.us/j/87524544428
Meeting ID: 875 2454 4428
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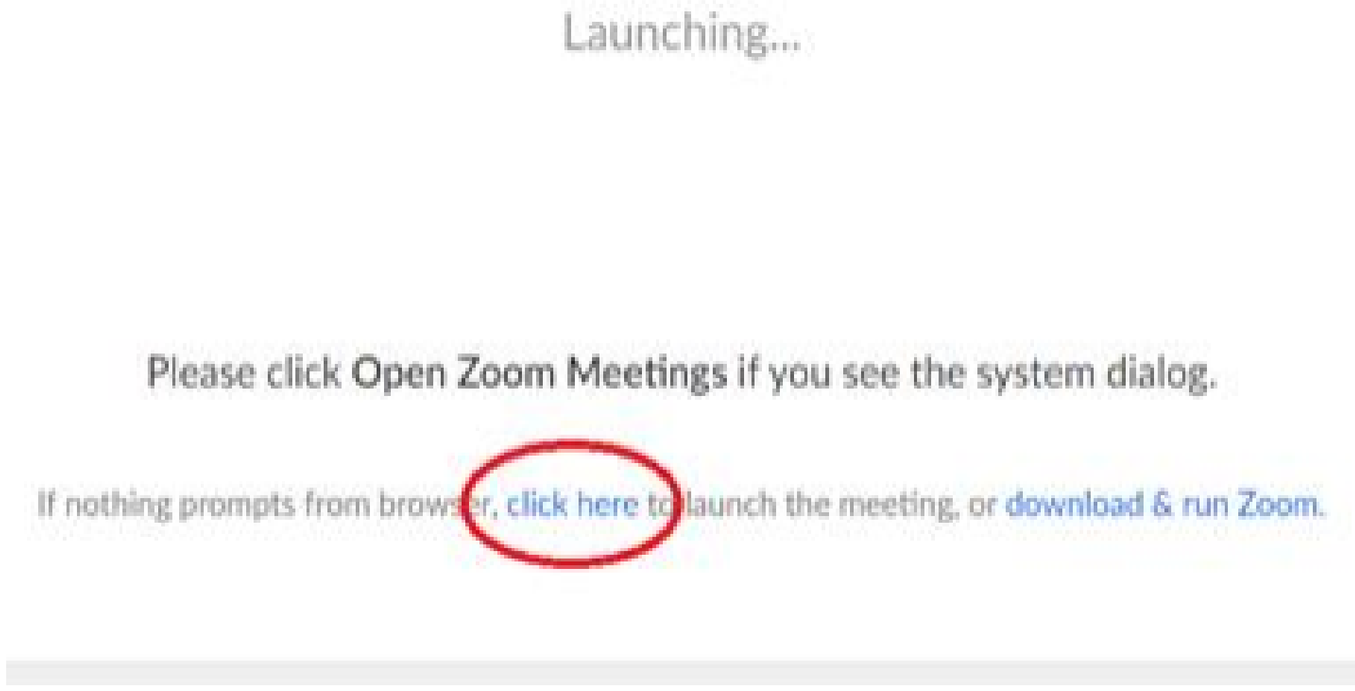
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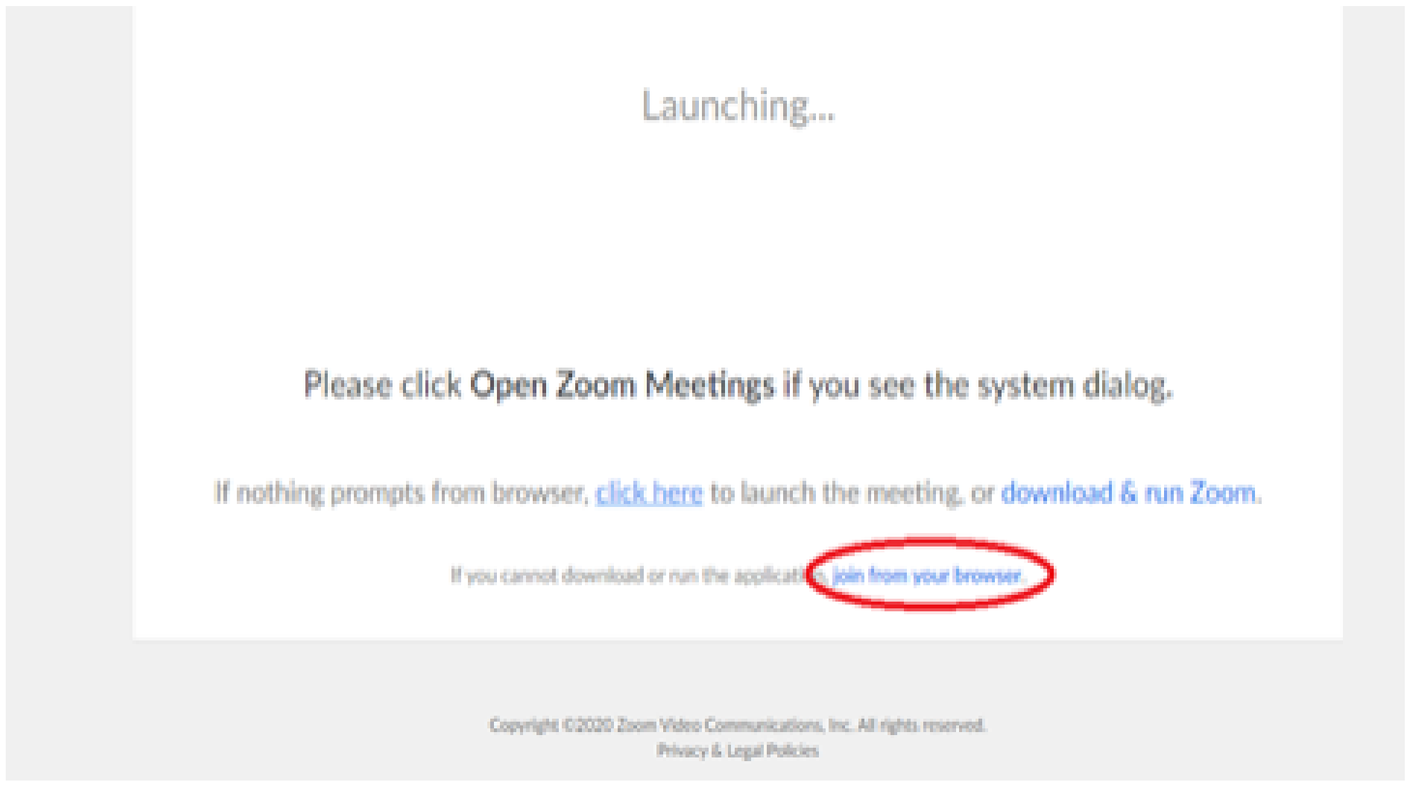
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