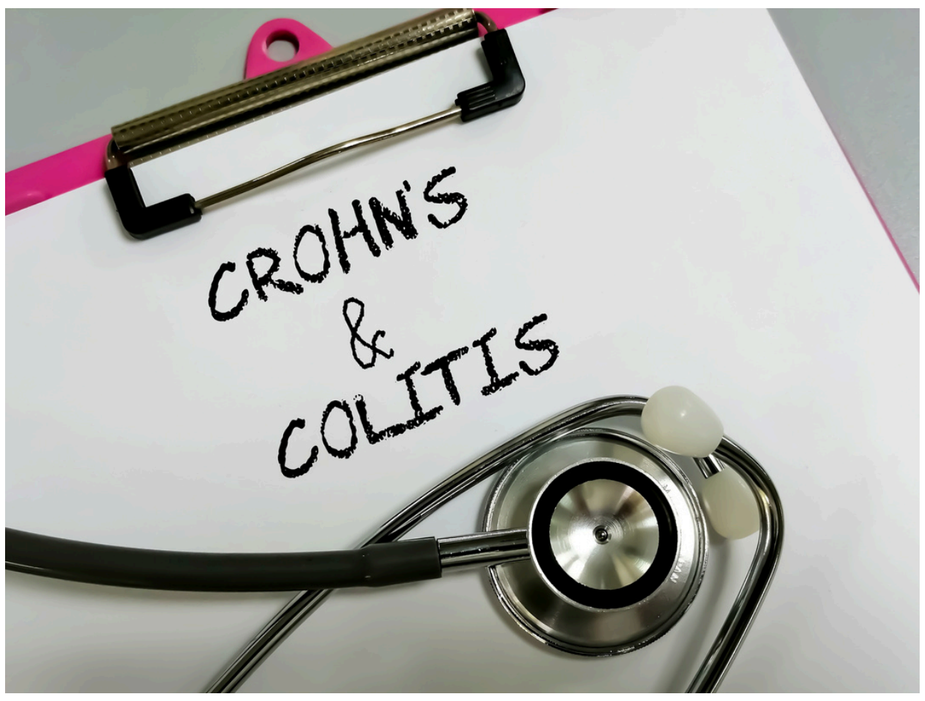
Building Awareness about Crohn's Disease and Ulcerative Colitis

November 10, 2026

1:30-3:00pm MT

November is Crohn's and colitis awareness month and it's a great opportunity to learn more about these diseases including what they are, signs and symptoms as well as these diseases can impact someone's life. In addition, we will spend time sharing research focused on First Nations individuals affected by IBD and hear from someone navigating life with IBD.



Learning Outcomes:

- Have a clearer understanding of what Crohn's disease and ulcerative colitis are and how those living with these diseases are affected.
- Become more familiar with what programs Crohn's and Colitis Canada offers for people affected by these diseases
- Learn about research happening focused on First Nations individuals living with Crohn's disease and ulcerative colitis
- Hear from someone living with IBD and their experience navigating this disease

Speakers:

Kaitlyn McQuaid is the Coordinator of Patient Programs at Crohn's and Colitis Canada, an organization dedicated to curing Crohn's disease and ulcerative colitis while improving the quality of life for everyone affected by these diseases.

Rhonda Sanderson is an Indigenous Cree woman from James Smith Cree Nation. She was diagnosed with IBD in 2001, although she believes her disease started during her childhood. As an adult, she was exposed to misconceptions from healthcare providers about IBD among Indigenous peoples. She has become a self-advocate to access appropriate care after years of struggles with her disease.

Juan-Nicolás Peña-Sánchez is an Associate Professor at the College of Medicine, University of Saskatchewan. He has co-led several IBD studies with Indigenous community members, building meaningful and bidirectional relationships and achieving outstanding research outcomes

crohn's colitis canada | crohn colite canada

Target Audience: Individuals who are curious to learn more about what Crohn's disease and ulcerative colitis are during awareness month. Know someone affected by these diseases. Learning more about research focused on the experiences of First Nations and IBD

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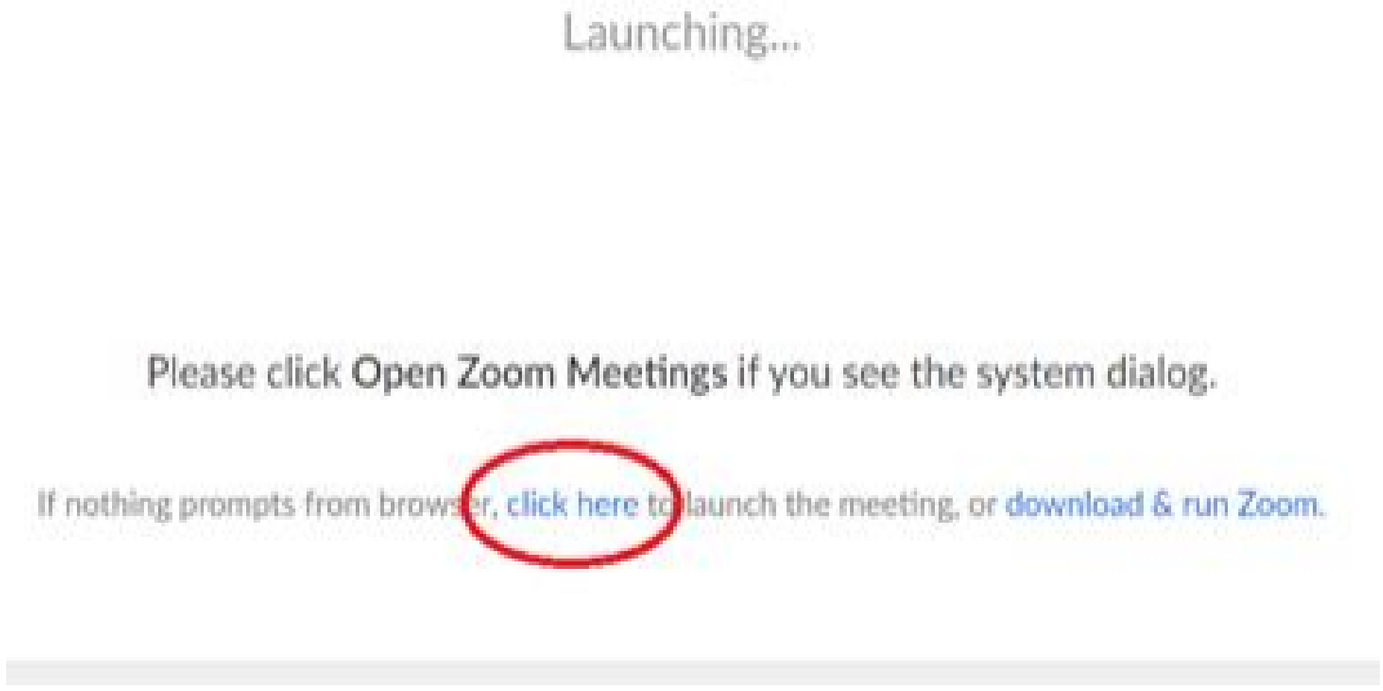
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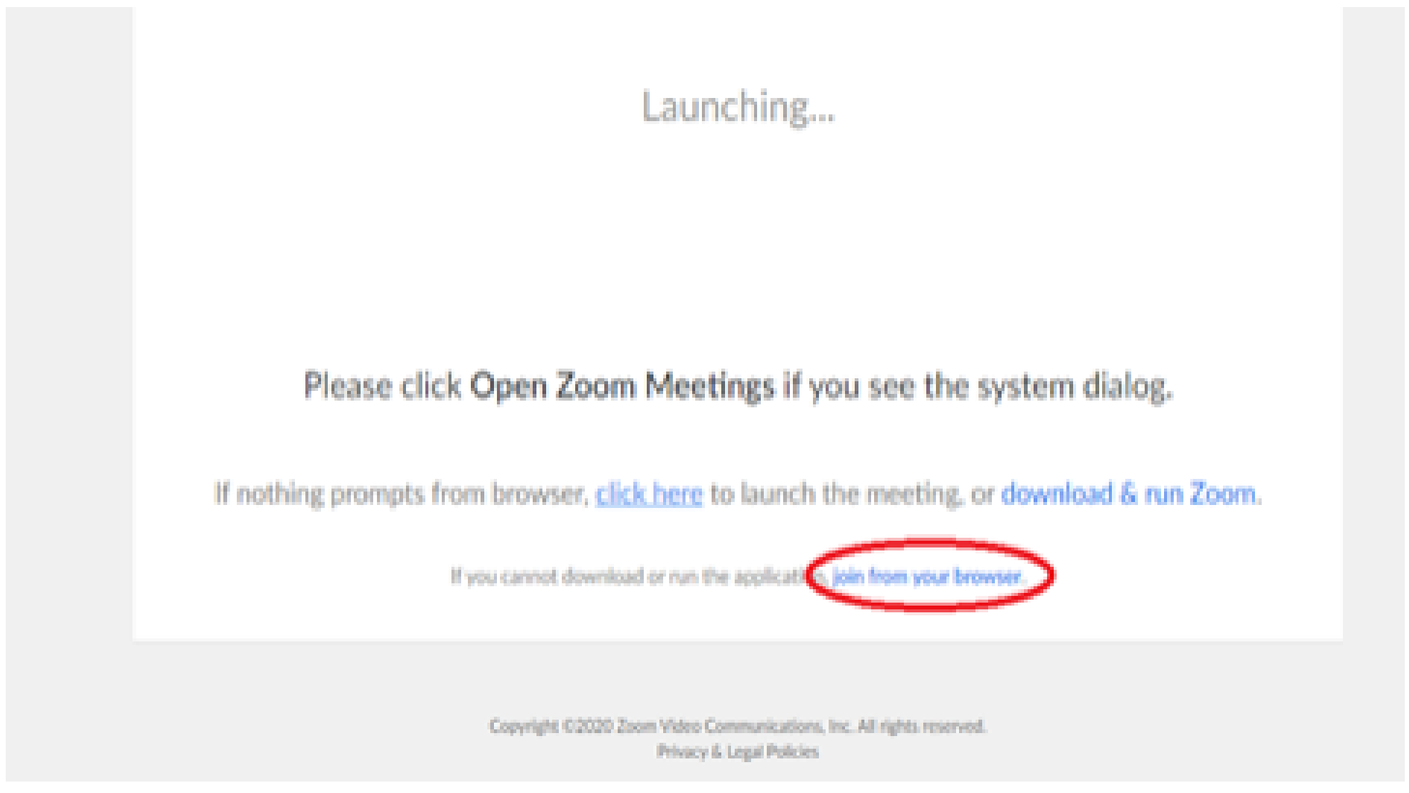
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