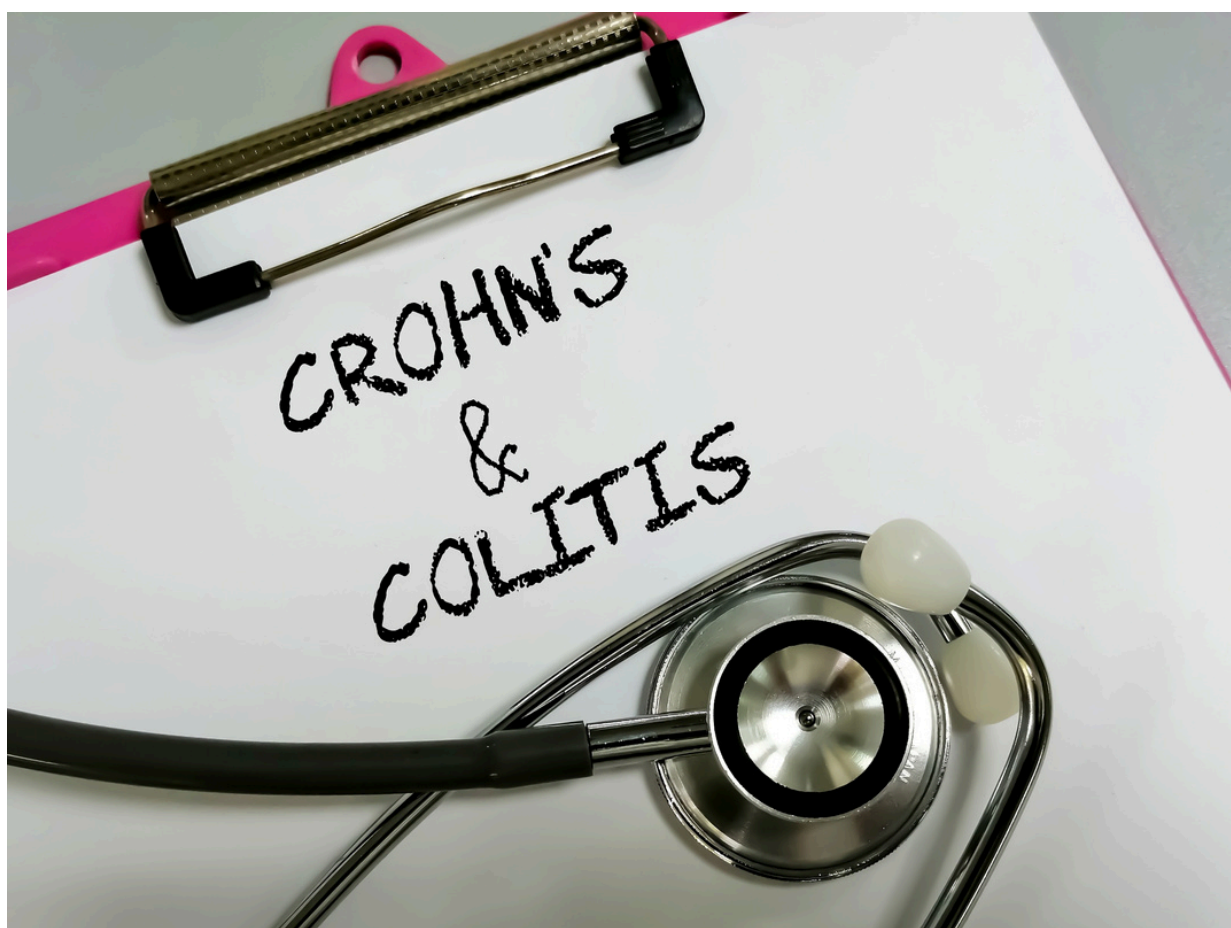


Building Awareness about Crohn's Disease and Ulcerative Colitis

November 9, 2026

1:30-3:00pm MT

November is Crohn's and colitis awareness month and it's a great opportunity to learn more about these diseases including what they are, signs and symptoms as well as these diseases can impact someone's life. In addition, we will spend time sharing research focused on First Nations individuals affected by IBD and hear from someone navigating life with IBD.



Learning Outcomes:

- Have a clearer understanding of what Crohn's disease and ulcerative colitis are and how those living with these diseases are affected.
- Become more familiar with what programs Crohn's and Colitis Canada offers for people affected by these diseases
- Learn about research happening focused on First Nations individuals living with Crohn's disease and ulcerative colitis
- Hear from someone living with IBD and their experience navigating this disease

Speakers:

Kaitlyn McQuaid is the Coordinator of Patient Programs at Crohn's and Colitis Canada, an organization dedicated to curing Crohn's disease and ulcerative colitis while improving the quality of life for everyone affected by these diseases. Kaitlyn was diagnosed with Crohn's disease in 2016, shortly after her 30th birthday. Following her diagnosis, she sought ways to connect with others living with IBD, eager to learn from their experiences. After attending her first local chapter meeting, she was immediately inspired to get more involved. Today, Kaitlyn is passionate about research and deeply committed to giving back to her community.



Target Audience: Individuals who are curious to learn more about what Crohn's disease and ulcerative colitis are during awareness month. Know someone affected by these diseases. Learning more about research focused on the experiences of First Nations and IBD

Please register for session at:
<https://fntn.ca/Home/Register-VC?eid=23174>

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<https://fntn.zoom.us/j/87871289637>

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To access this session from an audio line:
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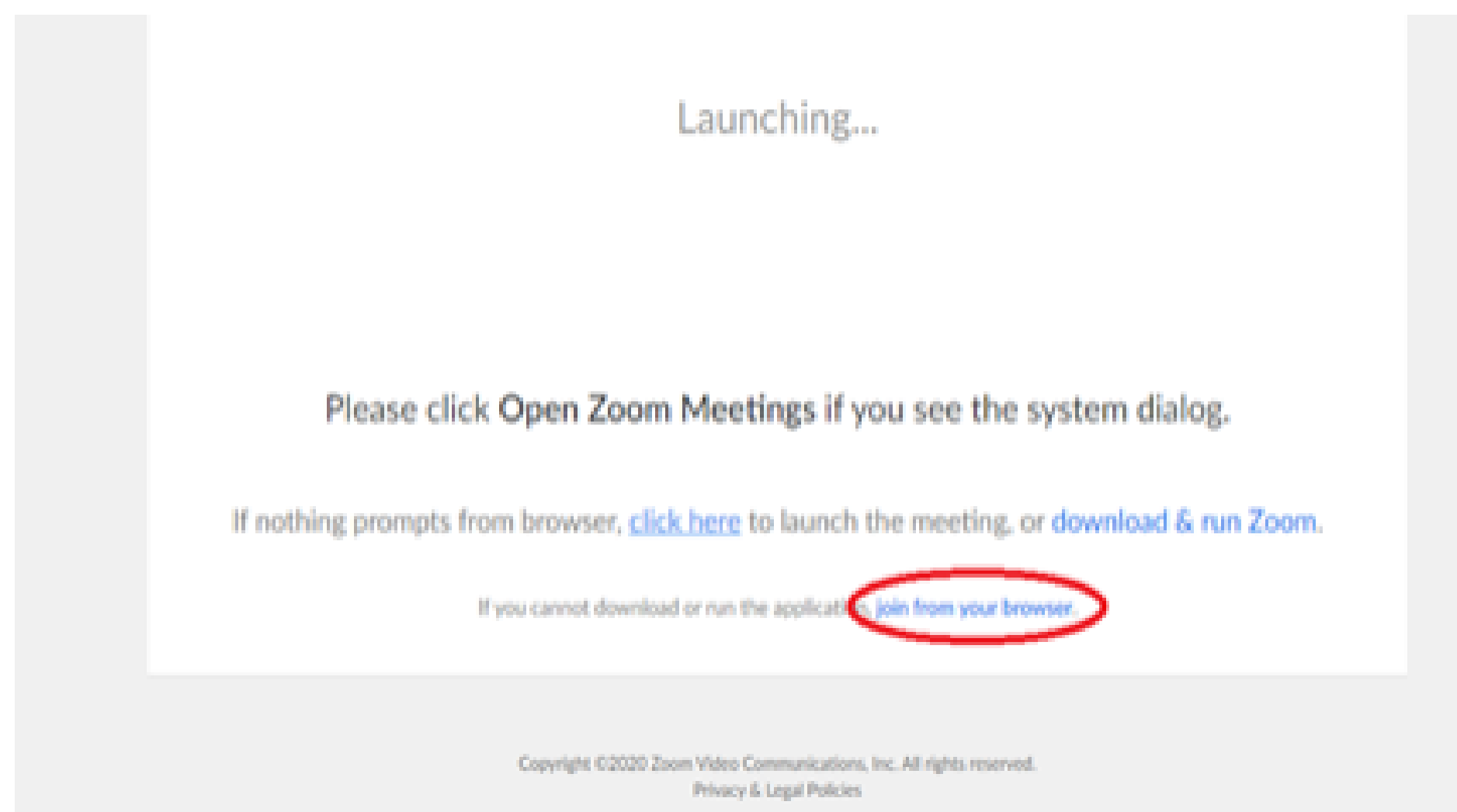
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