

Ending Silence - Sexual Violence 101: Consent, Prevention & Supporting Survivors

November 5, 2026

10:00-11:30

Ending Silence - Sexual Violence 101 is an educational workshop designed for to provide foundational knowledge about consent, sexual violence, healthy relationships, current statistics, and available resources. The workshop creates a safe and supportive space to reflect, ask questions, challenge stigma and misconceptions, and learn how to support someone who has experienced sexual violence. The workshop is approximately 1-1.5 hours and includes a presentation, video resources, survivor impact statements, and an open discussion related to the presentation materials.

Trigger Warning: This workshop discusses sexual violence, sexual harassment, consent, survivor experiences, and the impacts of sexual violence. Participants are encouraged to take care of themselves and may step out or access support if needed.

*****Please note that this session will not be recorded or uploaded to our website.***



Learning Outcomes:

- Develop a stronger understanding of consent, healthy relationships, and sexual violence
- Explore current statistics, common myths and facts, and the impacts of sexual violence
- Learn how to be an active bystander and understand their personal responsibility in creating safer communities
- Learn how to respond to and support someone who has experienced sexual violence

Speakers:

Erin Brassard is the Founder of S.T.A.N.D. ASA, a survivor-led organization providing education, peer support, and healing opportunities for survivors of sexual violence. As a survivor and advocate, Erin brings lived experience and years of experience working in sexual violence education and survivor support to her presentations. S.T.A.N.D. ASA has presented to hundreds of students across multiple school boards, including the Calgary Board of Education.



Target Audience: This workshop is for anyone who wants to deepen their understanding of sexual violence, learn how it impacts survivors, and build the knowledge and confidence to support those who have experienced sexual violence in a compassionate, trauma-informed, and survivor-centered way

Please register for session at:
<https://fntn.ca/Home/Register-VC?eid=23138>

To access this session from zoom:

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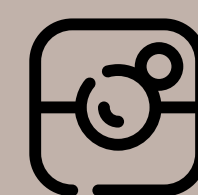
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To join via internet browser

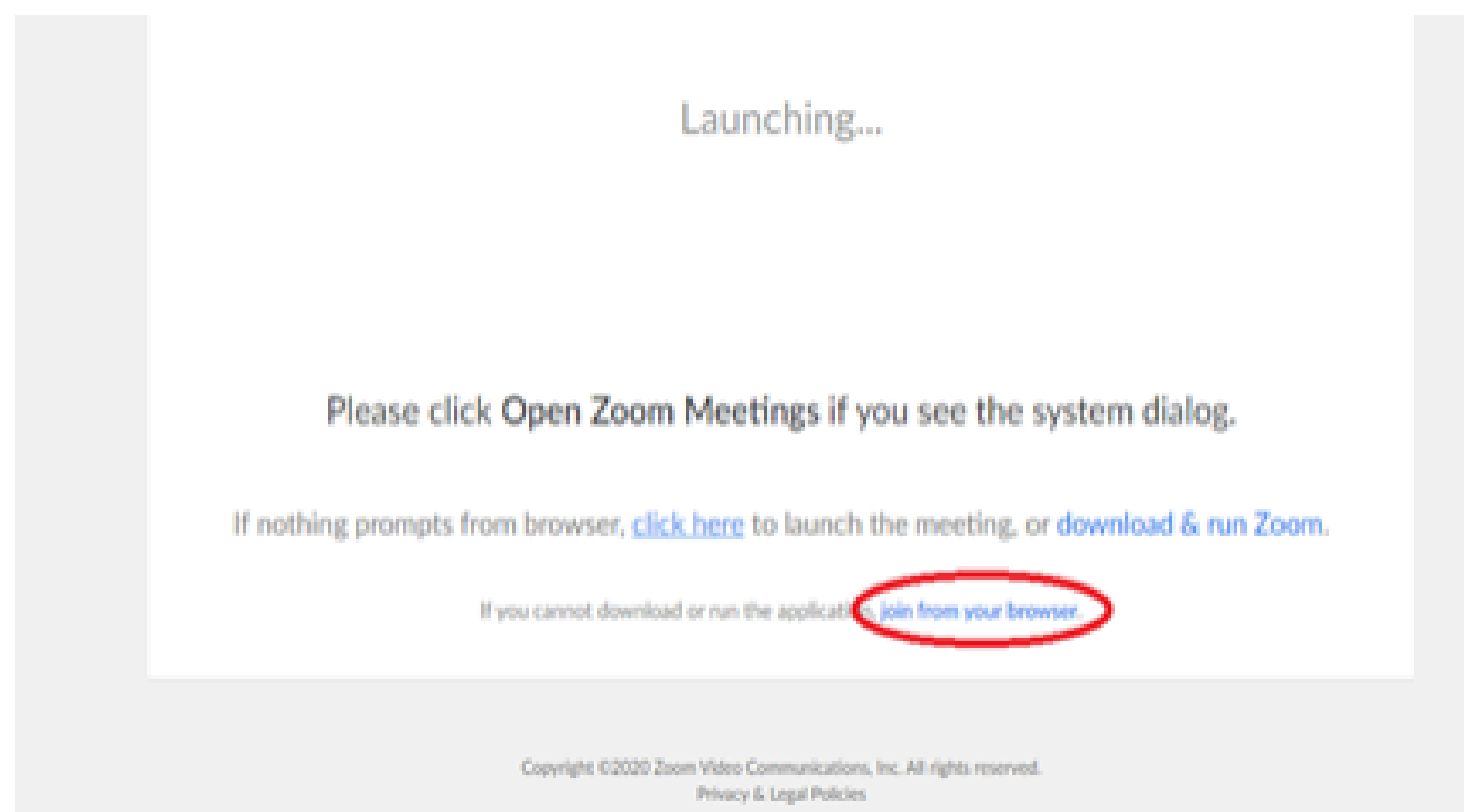
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