

Why Water is Important to Our Overall Health

September 10, 2026

10:00-11:30am MT

Join Keepers of the Water, an Indigenous-led Water Protection group, to learn about our connection to water and how our health is connected to water. This session will also discuss how we can work to protect water.



Learning Outcomes:

- Learn about the impacts of water
- Learn about our connectedness to water
- Learn about ways to care for water
- Learn about how water heals us

Speakers:

Jesse Cardinal - Executive Director, Keepers of the Water



Target Audience: Everyone

Please register for session at:
<https://fntn.ca/Home/Register-VC?eid=23089>

To access this session from zoom:
<https://fntn.zoom.us/j/88216249223>
Meeting ID: 882 1624 9223
Passcode: 242547

Please select "join meeting as an Attendee", once logged-in

To access this session from an audio line:
1-587-328-1099
Meeting ID: 882 1624 9223
Passcode: 242547



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To join via internet browser

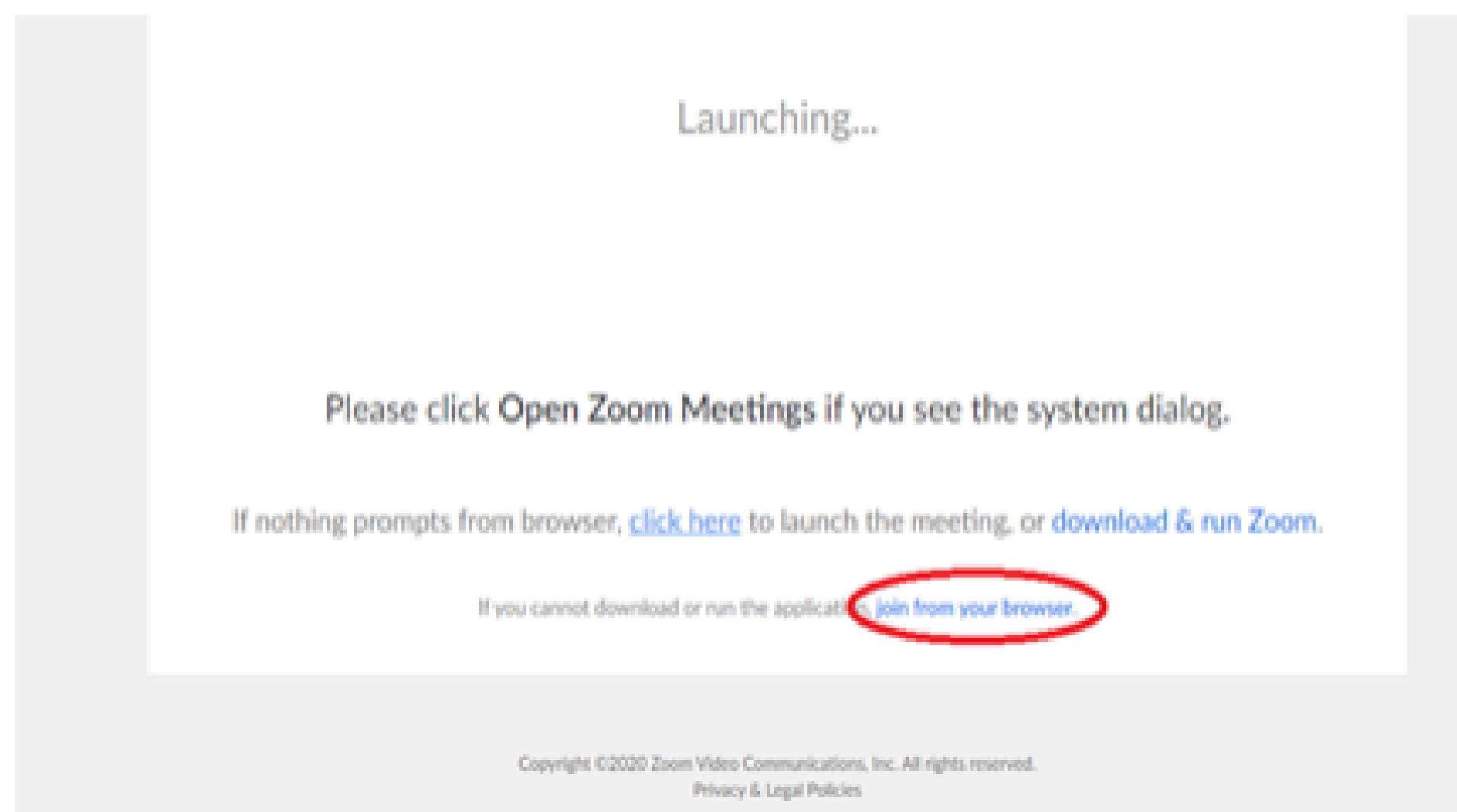
1. Please click the link below to join the webinar:
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2. Enter Meeting ID: 882 1624 9223
3. Passcode: 242547
4. Click the option “ click here” (See image below)

Launching...

Please click Open Zoom Meetings if you see the system dialog.

If nothing prompts from browser, [click here](#) to launch the meeting, or [download & run Zoom](#).

5. Another option will show up on the bottom, please click “ join from your browser” (See image below)



6. You will now join the webinar, by default all attendees of the webinar are muted.

To join Via Zoom apps:

1. Please click the link below to join the webinar:
<https://fntn.zoom.us/join>
2. Enter Meeting ID: 882 1624 9223
3. Passcode: 242547
4. Choose “download and run Zoom”
5. An executable file will be download, please run the file
6. After the file has been installed, you will be ask to enter your “email” and your “name”
7. You will now join the webinar, by default all attendees of the webinar are muted.