

Updates on Concussions - What We Know and Where We Would Like to Go

July 22, 2026

1:30-3:00pm MT

This session will provide an overview of concussion, including its definition, common signs and symptoms, and the process used to diagnose it. Participants will learn about clinical evaluation methods that help guide treatment decisions and support effective recovery planning. The presentation will also explore current evidence-informed approaches for managing symptoms following a concussion, including strategies to address physical, cognitive, and emotional impacts. In addition, attendees will be introduced to a variety of resources available for healthcare providers, families, coaches, and patients to support concussion education, treatment, recovery, and return-to-activity planning.



Learning Outcomes:

- Define concussion with the common signs and symptoms that occur after concussion
- Describe evaluation techniques and treatments that can improve individual symptoms
- Name 1-2 educational resources to provide to others regarding concussion care

Speakers:

Chantel Debert - MD MSc FRCPC, Associated Professor University of Calgary, Department of clinical Neurosciences Division of Physical medicine and rehabilitation

Kathryn Schneider - PT, PhD, DipManipPT, Clinical Specialist - Musculoskeletal Physiotherapy and Certification in Vestibular Rehabilitation, Professor, Concussion Rehabilitation Laboratory and Sport Injury Prevention Research Centre, Faculty of Kinesiology



Target Audience: Care providers: therapists, nurses, social workers, psychologists and clinicians working with concussion

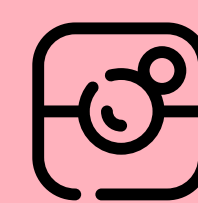
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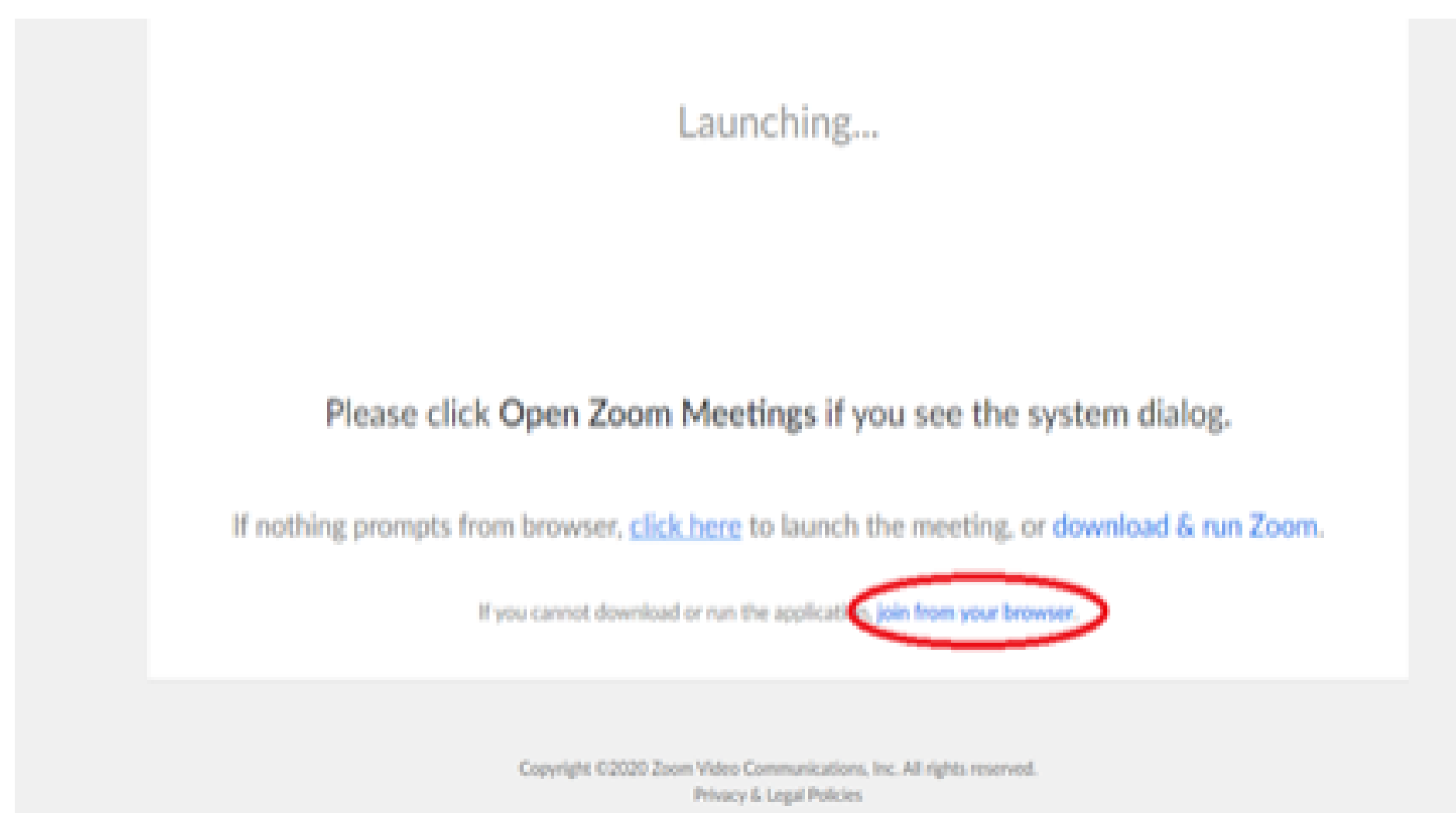
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