

Supporting Fathers in Their Parenting Journey

May 27, 2026

10:00-11:30am MT

Fathers play an integral role in the development and mental well-being of their children; however, we often disregard the needs of fathers in their parenting journey. This presentation will explore some common myths associated with fatherhood and provide participants with ways to encourage father involvement.

Strategies around engagement will also be reflected on which will further highlight the importance of how we can support fathers in their parenting journey.



Learning Outcomes:

- Discuss myths around fatherhood and identify themes that highlight the important role fathers play
- Explore ways to engage father involvement
- Promote program components through Families Matter as a community resources for fathers

Speakers:

Michael Bautista - Families Matter, Program Faciliator. Michael has previous experience working with First Nations. . Michael has experience working with fathers from diverse backgrounds. He has partnered with Indigenous serving agencies in Calgary to create culturally informed programs for Indigenous identified fathers. Most recently he has provided professional development opportunities for professional working on reservations in Northern Alberta and Haida Gwaii, British Columbia



Target Audience: Self-identified fathers/male caregivers; any practitioner or professional that supports or works with fathers

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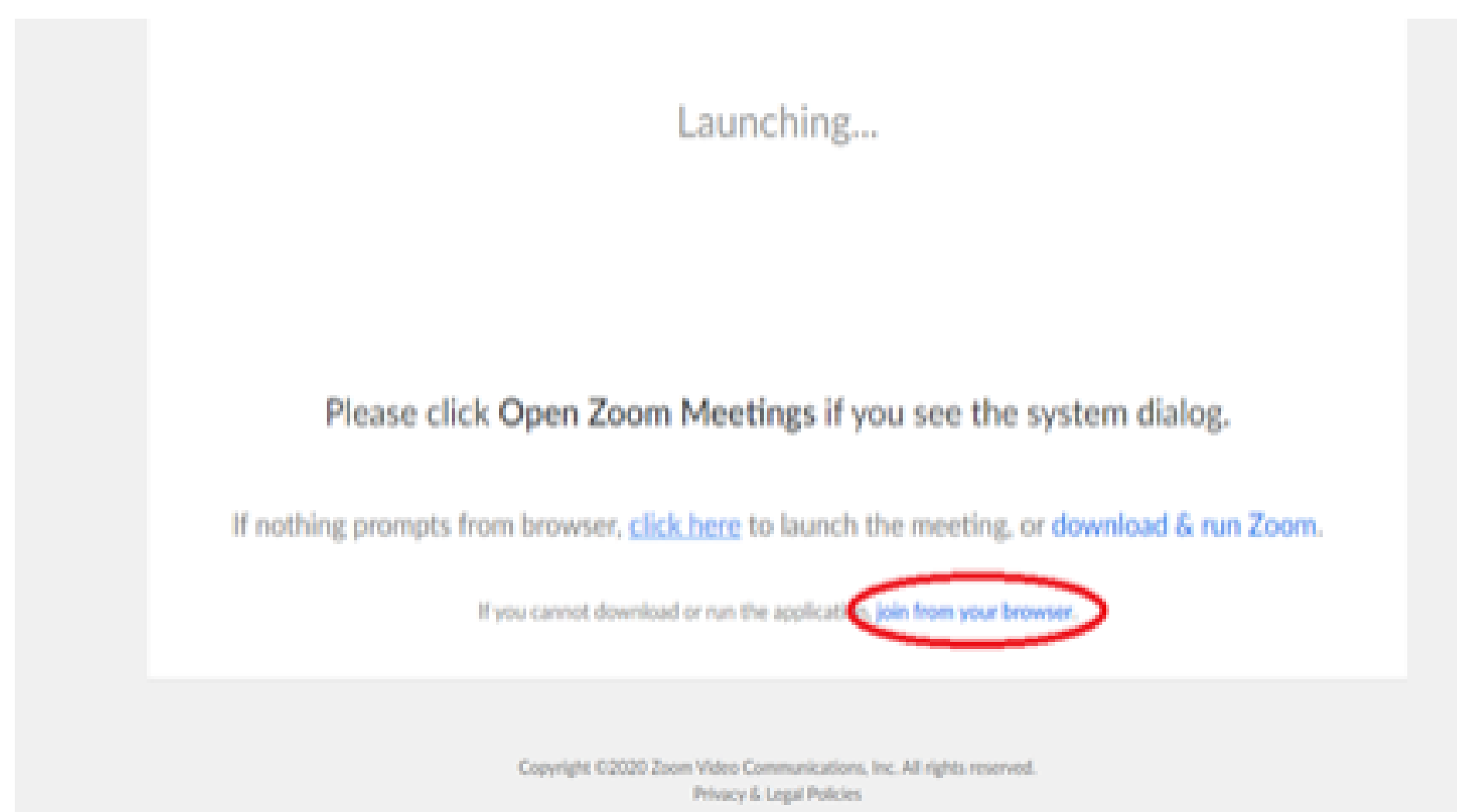
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