

Building Household Resilience: Practical Steps for Emergency Preparedness

May 13, 2026

1:30-3:00pm MT

This session is designed to empower participants to take meaningful, proactive steps in preparing themselves and their households for climate-driven emergencies. From building an emergency kit to creating a personalized household emergency plan, participants will also explore practical, hazard-specific actions they can take to reduce risk and enhance their overall preparedness.



Learning Outcomes:

- **Understand Local Risks:** Identify common climate-driven hazards that may impact your community and household, and understand how those risks can affect you
- **Build a Practical Emergency Kit:** Learn what to include in an emergency kit and how to tailor it to your household's specific needs
- **Develop a Household Emergency Plan:** Create a simple, actionable plan that outlines communication, evacuation, and roles/responsibilities during an emergency
- **Apply Hazard-Specific Preparedness Actions:** Gain practical strategies to reduce risk and improve readiness for hazards such as wildfires, extreme heat, flooding, and poor air quality

Speakers:

Yessica Dominguez - BESMS, Emergency Management Coordinator, Otipemisiwak Métis Government. Yessica is currently an Emergency Management Coordinator with the Otipemisiwak Métis Government, where she focuses on building capacity and strengthening community resilience for emergencies. In this role, she is able to apply her skills and academic training in a practical, community-centered context, with particular attention to preparedness for climate-driven hazards.

Jakob Dudas - DDEM, Emergency Management Assistant, Otipemisiwak Métis Government. He supports the development of emergency preparedness initiatives, with a strong focus on wildfire mitigation. His work includes creating educational materials and contributing to community-focused resources that help citizens understand and reduce their wildfire risk



Target Audience: Individuals and families looking to strengthen their emergency preparedness

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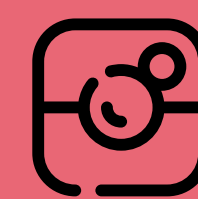
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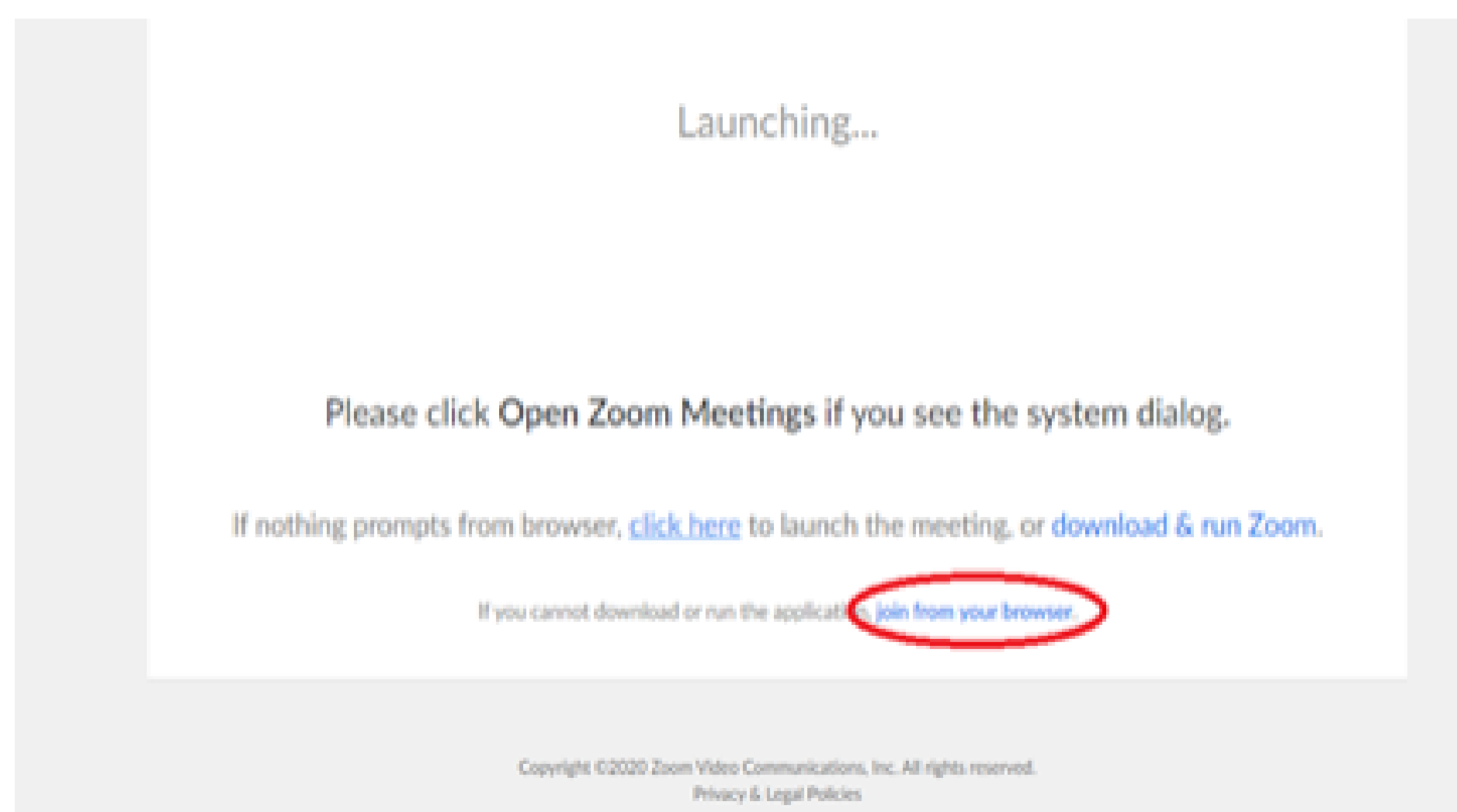
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