

Toward Health-Supportive Masculinities: Engaging Men, Boys, and Masculinity in Your Practice

March 25, 2026

1:30-3:00pm MT

"Toward Health-Supportive Masculinities" informal workshop will provide participants with greater comfort and skill in identifying harmful masculine norms and addressing these with the populations they work with. Through the session, participants will increase their knowledge of gender norms around masculinity, and how these norms can potentially negatively impact individuals and lead to health-harming outcomes. Participants will have the opportunity to reflect on their personal attitudes, values, and beliefs related to working with men and boys and masculinity in order to move toward a more supportive and affirming practice. By the end of the workshop, participants will be equipped with practical tools for fostering more health-supportive outcomes when working with men, boys, and masculinity.

*****Please note that this session will not be recorded or uploaded to our website.***



Learning Outcomes:

- Participants will report an increased understanding and comfort in discussing masculinity
- Participants will report an increased ability to articulate the potential impact of gender norms and roles on health and wellness
- Participants will report an increased awareness of strategies to encourage health-supportive expressions of masculinity in their professional practice

Speakers:

Kyle Bell - BA, Psychology, Training Centre Facilitator, Centre for Sexuality. Kyle has worked to support Indigenous families experiencing Child and Family Services (CFS) involvement in Miskanawah. He has also provided trainings with Indigenous serving organizations, as well as having engaged men and boys on reserve through the WiseGuyz program.



Target Audience:

Practitioners and service-providers that engage with men, boys, and masculinity in their practice

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