

Healing Journeys - Session 4: The Role of Psychedelics in the Treatment of Mental Health & Addictions

March 17, 2026

1:00-3:00pm MT

Brought to you by Mental Wellness, Indigenous Services Canada (ISC), and hosted by Dr. Chris Sarin, ISC Senior Medical Officer of Health. This session will introduce the topic of psychedelics, featuring Dr. Leah Mayo, currently conducting clinical studies at PaCT Lab. Dr. Rita Henderson will also discuss how the live path network can contribute to the Indigenous knowledge base.

Panelist:

- **Dr. Leah Mayo** - PhD, Principal Investigator, Assistant Professor, Department of Psychiatry, Full Member of the Hotchkiss Brain Institute and the Mathison Centre for Mental Health Research & Education, and the Parker Research Chair in Psychedelics
- **Dr. Rita Henderson** - Associate Professor, Family Medicine, Joint Appointment in Community Health Sciences in the Cumming School of Medicine, University of Calgary

We are honoured to have **Elder Phillip Campiou**, a traditional Woodland Cree from Treaty 8 who now resides in Treaty 6 territory, and is one of the Elders in Residence for ISC Alberta Region, supporting this session.



Learning Outcomes:

- Understand what psychedelics are currently being studied for the treatment of mental health and addictions
- Understand how individuals can access psychedelic assisted therapy in Alberta
- Understand how the live path network increases the understanding of the history and current role of psychedelics in Canadian Indigenous cultures
- Understand the role/relationship between psychedelic assisted therapy, and other substance dependencies



Target Audience: Health Directors, Chief & Council, TIHCSP Workers, NNADAP workers, counsellors, educators, nursing, support staff, and the broader First Nations community at large

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