

# Warriors Awaken to the Importance of Healthy Masculinity!

November 14, 2025

10:00 - 11:00am MT

Join this session to learn about the colonial impacts on the men of the village. This session will also address the shame that arises from having one's core purpose of protectors, being removed. Additionally, this session will cover addictions that have followed to hide shame, and the need for healing to support re-remembering how warriors show up with healthy masculinity to protect the village.



## Learning Outcomes:

- The importance of accountability in building healthy masculinity
- How affirmations counter-shame messages
- What healthy anger looks like

## Speakers:

Grant M. Waldman - PhD, Eco-Psychology, Healing Works Counselling, Holistic Counsellor, supporting First Nations healing since 2008



Target Audience: Men who have a desire to heal and feel empowered again

Please register for session at:  
<https://fntn.ca/Home/Registrar-VC?eid=22494>

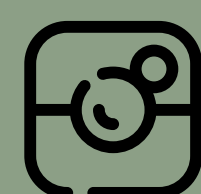
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