

Unmasking ADHD in Girls: Insights, Strategies, and Next Steps

October 7, 2025

1:30-3:00pm MT

ADHD in girls can often be overlooked or misunderstood. This session explores how ADHD can present itself differently in girls and how it might impact their day-to-day lives.



Learning Outcomes:

- Strategies, tools, & guidance on next steps for seeking a diagnosis
- Strategies, tools, & guidance on accessing supports

Speakers:

Dr. Alethea Heudes - Registered Psychologist, Heudes Child Psychology and Consulting



Target Audience: Everyone who has, knows, or works with and youth or adult cis-gender female with ADHD

Please register for session at:
<https://fntn.ca/Home/Registrar-VC?eid=22445>

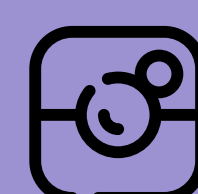
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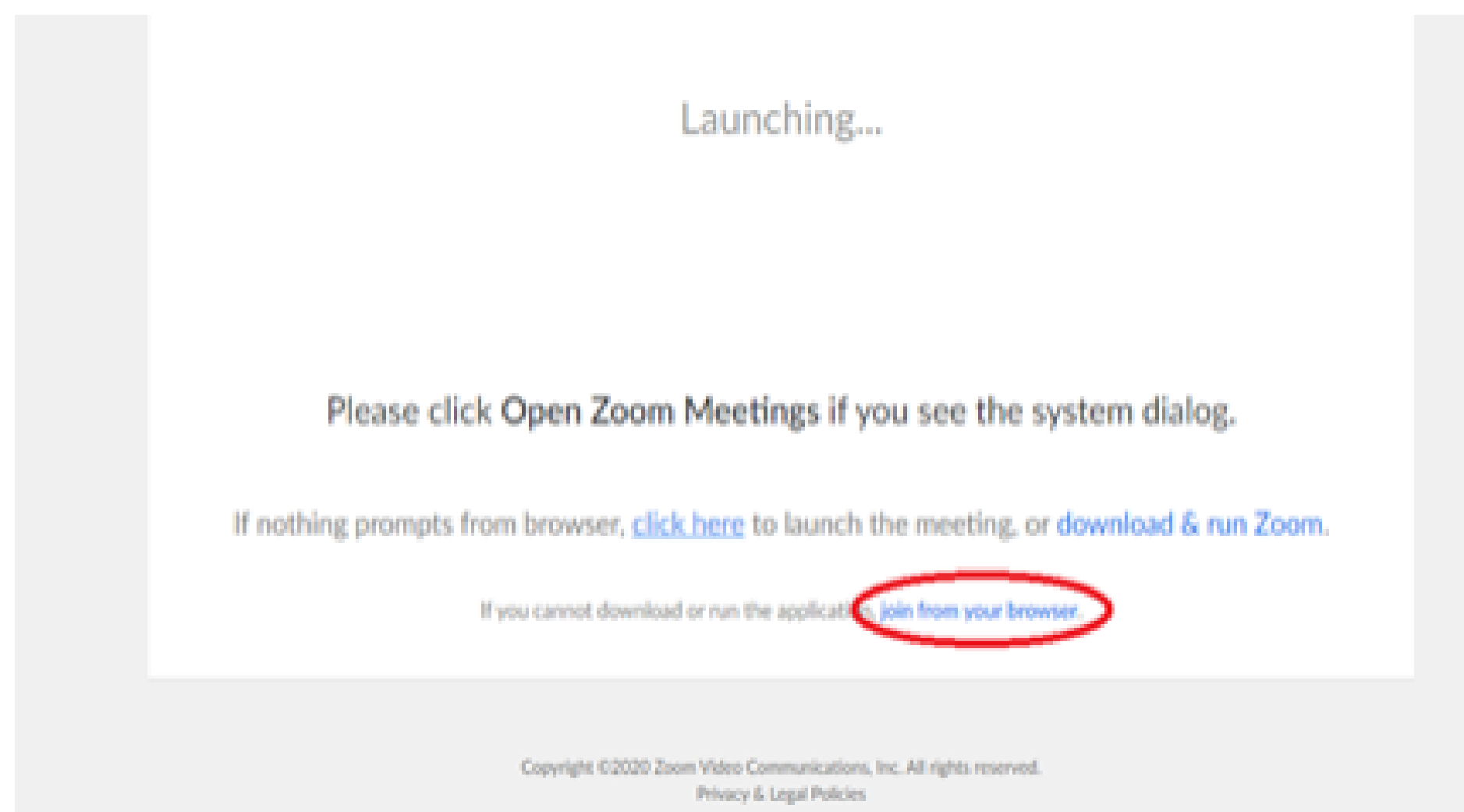
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