

# Transition to Parenthood: A Guide to Nurturing a Strong Relationship

July 10, 2025

10:00-11:00am MDT

Join this session for a 1 hour concentrated curriculum, to teach expecting (including adoption and fostering) and new parents how to nurture a strong relationship with your partner, while welcoming a baby to the family.



## Learning Outcomes:

- Understand why the quality of your relationship is important
- Identify ways that your relationship impacts your child's development
- List reasons why the transition to parenthood can be difficult
- Learn six steps for keeping your relationship strong

## Speakers:

Josée Kykkanen, MC, Registered Psychologist

Stephanie Card, MSW, Registered Social Worker

Audra Potter, MSW, Registered Clinical Social Worker



Target Audience: Expecting (including adoption and fostering) and new parents

Please register for session at:  
<https://fntn.ca/Home/Register-VC?eid=22269>

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