Perinatal Mental Health: Understanding Mood Disorders During Pregnancy and Postpartum

May 23, 2025
10:00-11:00am MDT

Session will include an overview of mood disorders that impact individuals during pregnancy and during the postpartum period.

Please note that this session will not be recorded or uploaded to our website.

Learning Outcomes:

- Understanding of mood disorders impacting individuals during pregnancy/postpartum
- An understanding of the signs and symptoms
- An understanding of the effects and what to do/treatment options

Speakers:

Stephanie Chisholm, Registered Psychologist, Contract Psychologist at Midnight Sun Wellness/AIVCC

Target Audience: Pregnant or postpartum individuals, individuals looking to support those experiencing possible mood disorders during the perinatal period
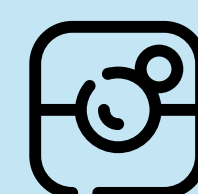
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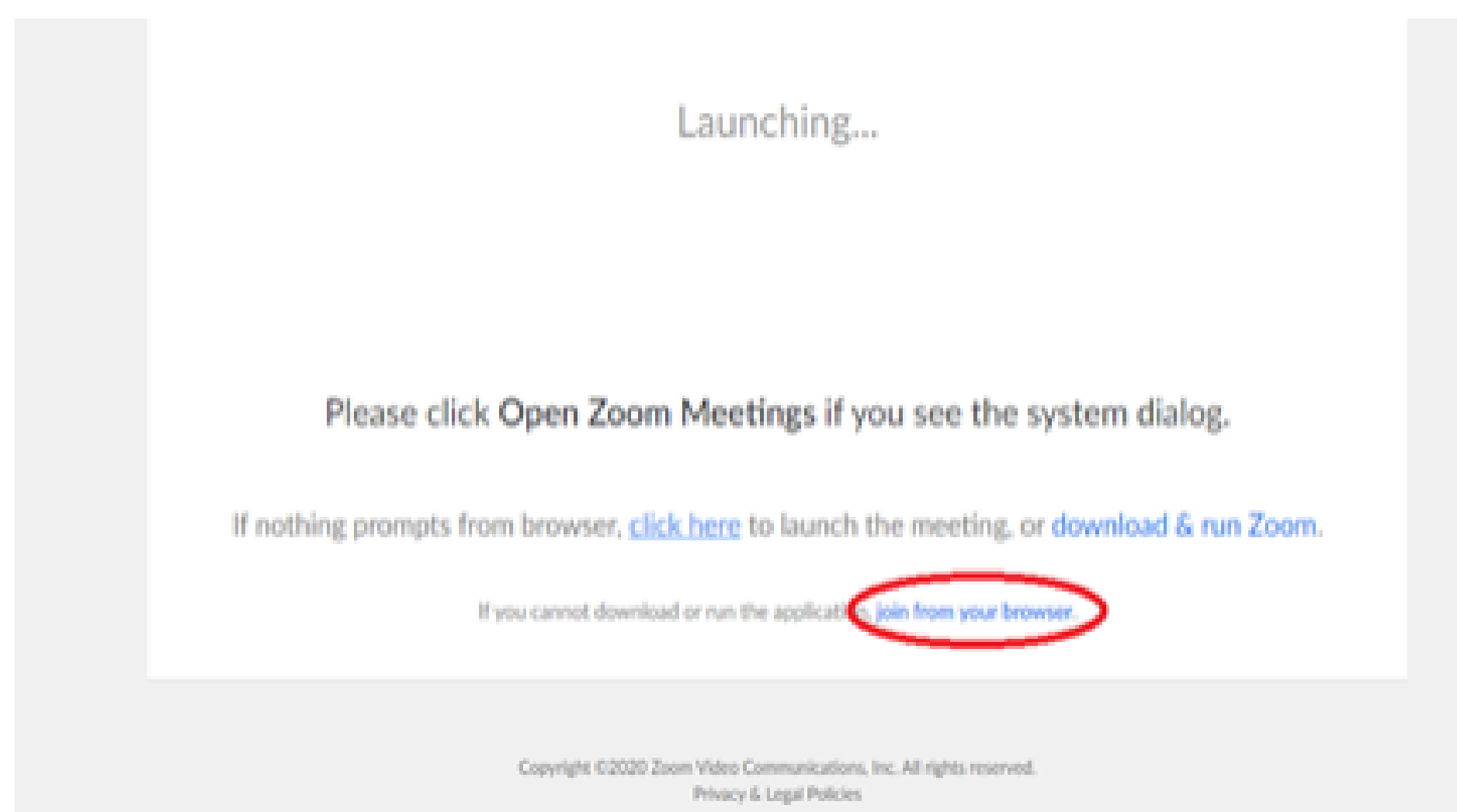3. Passcode: 015386
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