

First Nations Mental Wellness Continuum Framework: Wise Practices



April 23, 2025

1:30-3:00pm MDT

This session will provide a review of the First Nations Mental Wellness Continuum Framework (FNMWCF), including wise practices that enhance services and result in improved mental wellness.



Learning Outcomes:

- Participants will learn how to use the FNMWCF to support culturally safe service delivery
- Participants will feel supported as they further develop programs and services based on their own priorities
- Participants will learn more about the resources available through Thunderbird Partnership Foundation and First Peoples Wellness Circle to support the implementation of the FNMWCF

Speakers:

Andrea Deleeuw - Thunderbird Partnership Foundation Alberta Region Mental Wellness Coordinator

Kate Turner - Thunderbird Partnership Foundation Evaluation & CQI Coordinator

Deanna Jones-Keeshig - Thunderbird Partnership Foundation National Mental Wellness Coordinator

The Thunderbird Partnership Foundation is a leading culturally-centred voice on First Nations' mental wellness, substance use and addictions in Canada. To support regional mental wellness, Thunderbird works in close partnership with First Peoples Wellness Circle, an Indigenous-led national not-for-profit dedicated to enhancing the lives of First Peoples in Canada by addressing healing, wellness, and mental wellness barriers.



Target Audience: Mental wellness teams, health directors, community-based health partners, those with invested interest in First Nations mental wellness

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