

Supporting Youth Impacted by the Stress and Stigma of Parental Substance Use

May 6, 2025

10:00-11:30am MDT

1 in 5 young people are growing up with the stress and stigma of a parent's substance use, placing them at structural vulnerability for adverse health outcomes. Through a peer led community driven approach, this session will explore the unique challenges faced by young people, particularly the stigma that often prevents them from accessing support, and offer a new path forward.



Learning Outcomes:

- Understand how stigma and systemic barriers impact youth with lived experience of parental substance use
- Learn practical strategies to create safe, supportive, and trust-building environments for youth
- Explore the role of caregivers, educators, and service providers in reducing stigma and fostering connection
- Identify resources and approaches that help young people navigate their experiences with strength and resilience

Speakers:

Agnes Chen, Registered Nurse, Founder, and Executive Director at Starlings Community. As a peer with experience in healing-centered engagement, Agnes is committed to ensuring young people feel heard, understood, and supported in meaningful ways



Target Audience: This session is designed for educators, healthcare providers, social service workers, caregivers, and community members who support youth affected by parental substance use

Please register for session at:
<https://fntn.ca/Home/Registrar-VC?eid=22091>

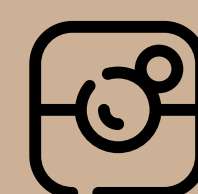
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