

Introducing Bipolar Disorder & Borderline Personality Disorder



March 27, 2025

1:30-3:00pm MDT

This presentation will explore the diagnostic criteria for both Bipolar Disorder and Borderline Personality Disorder as based on the DSM-5, and briefly touch on treatment options.

****Please note that this session will not be recorded or uploaded to our website.**



Learning Outcomes:

- Participants will learn the difference between a mood disorder and a personality disorder
- The common features/symptoms of each disorder (including the three types of Bipolar Disorder)
- Common treatment options for each disorder

Speakers:

Ashleigh Vandana Massey, MA, Master of Counselling Psychology practicum student at Wholesome Psychology, more than 10 years experience working with First Nations populations as a Psychological Assistant with D-V Massey & Associates

Walleed Jomha, BA, Master of Counselling Psychology practicum student at Wholesome Psychology, no experience with First Nations populations

Alex Pernitsky, BA, Master of Counselling Psychology practicum student at Wholesome Psychology, 4 years experience working with First Nations populations as a Child and Youth worker at Alta Care Resources



Target Audience: Anyone looking to learn more about these two disorders, including those who have a formal diagnosis, those who might be wondering if they might meet the criteria, or those who know someone living with these disorders

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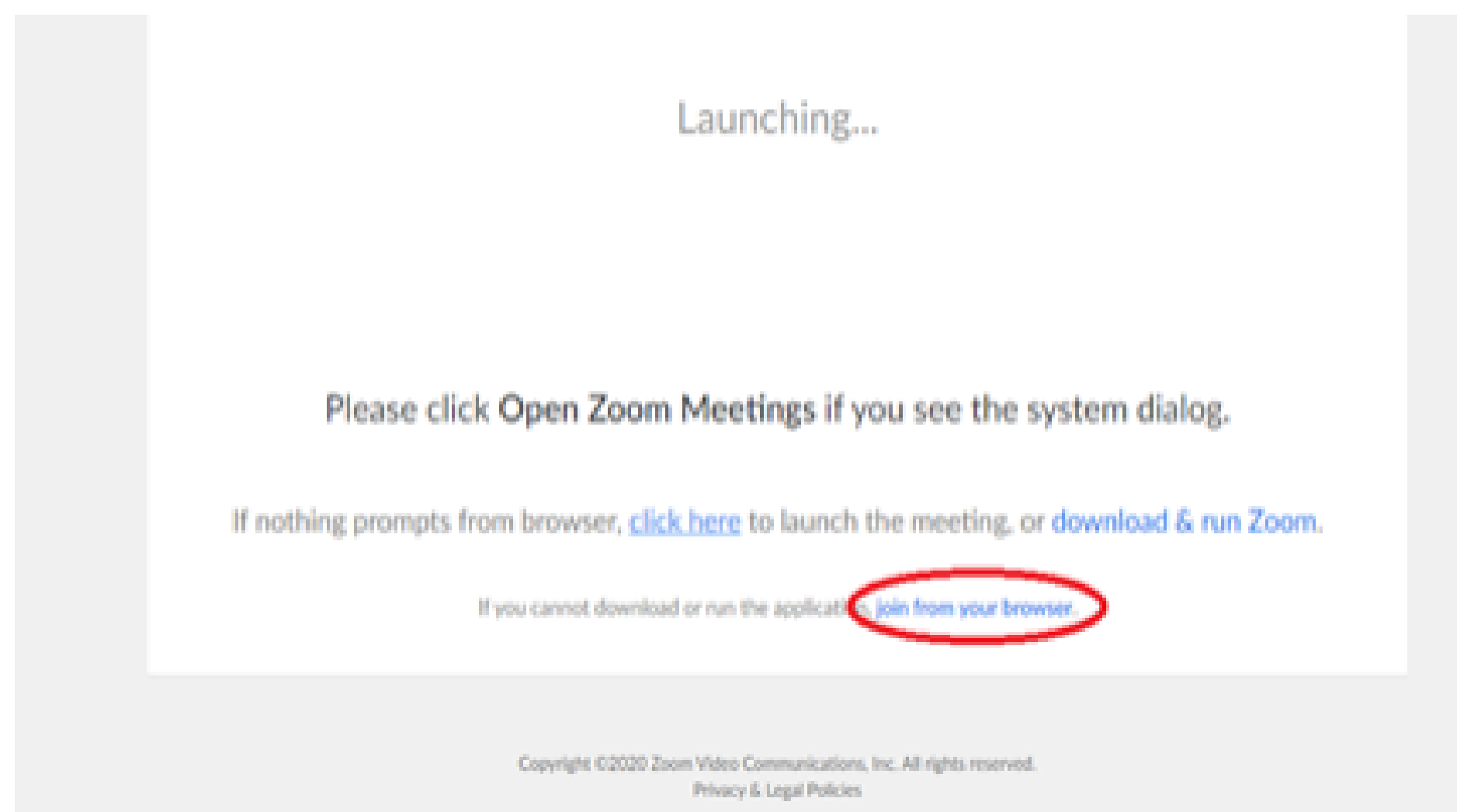
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