

Accessing Dietitian Services for First Nation

Communities

March 19, 2025

10:00-11:30am MDT

This Dietitians Day, join a group of Dietitians who provide various services and supports to First Nation communities in Alberta. Learn about how you can access the various services they offer for promoting community and individual wellness.



Learning Outcomes:

Understand the web of Dietitians offering supports to First Nation Communities including:

- Who should I turn to with questions about accessing Dietitian supports?
- Where to access public health and clinical services?
- What resources exist to help with menu planning in schools or childcare centres?
- How can I get supports for someone newly diagnosed with diabetes?

Join this session to learn more about the range of services that exist!

Speakers:

Laurina Eskow, Kathleen Gibson, Erin Bligh and Laura White support First Nations in Alberta across Treaty 6, 7, and 8 in their nutrition/food related priorities.

Leslie Prenoslo is a Registered Dietitian and Certified Diabetes Educator with Okaki Diabetes Virtual Care Clinic. Leslie works as part of a team of dietitians, nurses and an endocrinologist to offer high quality virtual support to Indigenous Peoples living with diabetes in Alberta. Prior to ODVCC, Leslie worked as a health promotion facilitator in Fort Vermilion, as a member of the Kainai Diabetes team at Blood Tribe Department of Health, and provided clinical services with AHS in the Crowsnest Pass. She prioritizes offering clients a safe and trusting space, where they feel listened to and cared about as a whole person.

Alberta Health Services, Dietitians (exact speaker: TBD)



Target Audience: Frontline workers (primarily front line healthcare workers) will benefit from the services covered

Please register for session at:
<https://fntn.ca/Home/Registrar-VC?eid=21964>

To access this session from zoom:

<https://fntn.zoom.us/j/89347289597>

Meeting ID: 893 4728 9597

Passcode: 146885

Please select "join meeting as an Attendee", once logged-in

To access this session from an audio line:

1-587-328-1099

Meeting ID: 893 4728 9597

Passcode: 146885



First Nations
Telehealth Network
WWW.FNTN.CA
1.888.999.3356
VCHELP@FNTN.CA



@FIRSTNATIONSTELEHEALTHNETWORK

To join via internet browser

1. Please click the link below to join the webinar:

<https://fntn.zoom.us/join>

2. Enter Meeting ID: 893 4728 9597

3. Passcode: 146885

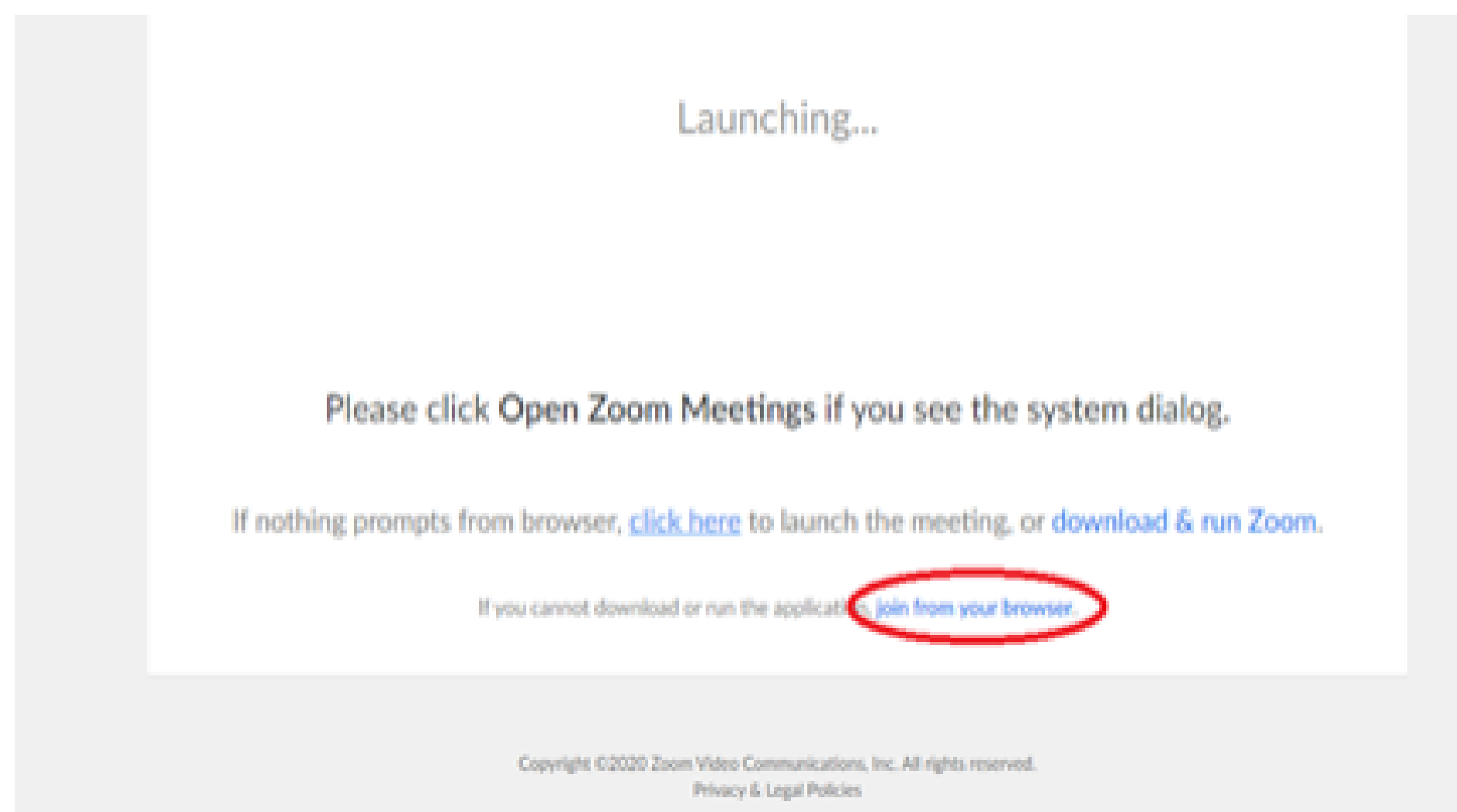
4. Click the option "click here" (See image below)

Launching...

Please click Open Zoom Meetings if you see the system dialog.

If nothing prompts from browser, [click here](#) to launch the meeting, or [download & run Zoom](#).

5. Another option will show up on the bottom, please click "join from your browser" (See image below)



6. You will now join the webinar, by default all attendees of the webinar are muted.

To join Via Zoom apps:

1. Please click the link below to join the webinar:

<https://fntn.zoom.us/join>

2. Enter Meeting ID: 893 4728 9597

3. Passcode: 146885

4. Choose "download and run Zoom"

5. An executable file will be download, please run the file

6. After the file has been installed, you will be ask to enter your "email" and your "name"

7. You will now join the webinar, by default all attendees of the webinar are muted.