## Understanding Concussions

# April 23, 2025 2:30-4:00pm MDT

In this session, Aingeal will share information surrounding concussion injuries. Attendees will gain an understanding of the complex mix of symptoms that come with concussions, how we treat concussions and how those treatment methods have changed, as well as some of the most recent guidelines pertaining to concussion information and management from the 6th International Conference on Concussions in Sports 2022.



## Learning Outcomes:

- To recognize the symptoms of a concussion
- To understand the components involved
- To know when a person needs to get medical/professional help

## Speakers:

Aingeal O'Mahony Guyn - Physical Therapist, Certified in Vestibular Therapy, Certified in Concussion Management



Target Audience: Friends, family members, and those who have experienced a concussion

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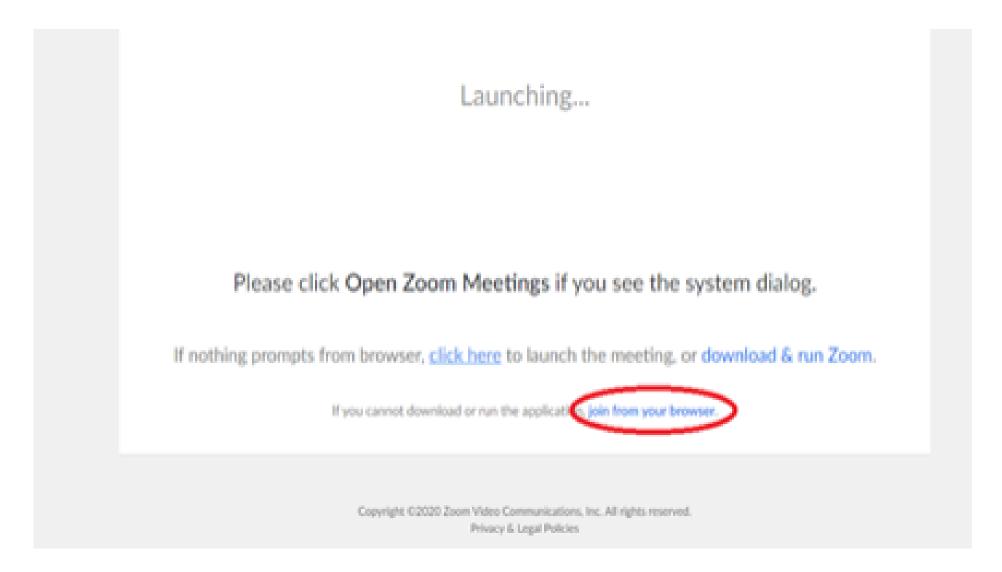
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