

Men's Mental Health: Why We Need to Talk About It

April 15, 2025

10:00-11:30am MDT

Join this session for an exploration of the factors contributing to Men's Health Health, signs to look for, why seeking help is difficult, and what contributed to that.



Learning Outcomes:

- Understanding the current state of men's mental health
- Signs that someone is struggling with mental health
- Societal factors contributing to mental health

Speakers:

Amelia Larson, Registered Clinical Social Worker, MSW, Approved Clinical Supervisor, NIHB Provider. Amber Jerome C.C.C, MACP. Both Amelia and Amber have worked for years in social service settings supporting largely Indigenous populations and see clients at As You Are Therapy & Consulting.



Target Audience: Anyone who lives, works or interacts with male identifying people

Please register for session at:
<https://fntn.ca/Home/Registrar-VC?eid=21936>

To access this session from zoom:

<https://fntn.zoom.us/j/86988666836>

Meeting ID: 869 8866 6836
Passcode: 443157

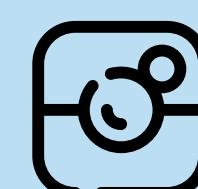
Please select "join meeting as an Attendee", once logged-in

To access this session from an audio line:

1-587-328-1099

Meeting ID: 869 8866 6836
Passcode: 443157

• • • • •
First Nations
Telehealth Network
WWW.FNTN.CA
1.888.999.3356
VCHELP@FNTN.CA



@FIRSTNATIONSTELEHEALTHNETWORK

To join via internet browser

1. Please click the link below to join the webinar:

<https://fntn.zoom.us/join>

2. Enter Meeting ID: 869 8866 6836

3. Passcode: 443157

4. Click the option "click here" (See image below)

Launching...

Please click Open Zoom Meetings if you see the system dialog.

If nothing prompts from browser, [click here](#) to launch the meeting, or [download & run Zoom](#).

5. Another option will show up on the bottom, please click "join from your browser" (See image below)



6. You will now join the webinar, by default all attendees of the webinar are muted.

To join Via Zoom apps:

1. Please click the link below to join the webinar:

<https://fntn.zoom.us/join>

2. Enter Meeting ID: 869 8866 6836

3. Passcode: 443157

4. Choose "download and run Zoom"

5. An executable file will be download, please run the file

6. After the file has been installed, you will be ask to enter your "email" and your "name"

7. You will now join the webinar, by default all attendees of the webinar are muted.