What is Dementia? Understanding Types and Warning Signs

April 14, 2025

1:30-3:00pm MDT

The session introduces dementia, including what it is, the different types, and the 10 warning signs to look for. We will discuss how dementia affects individuals and families, highlighting the importance of early recognition and support.

Learning Outcomes:

- Dementia is a condition that affects memory, thinking and daily functioning,
- There are different types of dementia - Alzheimer's is one of the most common
- Recognizing the early warning signs can help with timely diagnosis and support.
- Understanding dementia can help individuals, families, and communities provide better care and reduce stigma

Speakers:

Navjot Gill-Chawla is the Cultural Communities Coordinator at the Alzheimer Society of Alberta and Northwest Territories and a PhD candidate at the University of Waterloo, where her research is dedicated to understanding the experiences of South Asian Canadians living with dementia and their care partners

Alzheimer *Society*
ALBERTA AND
NORTHWEST TERRITORIES

Target Audience: The session introduces dementia, including what it is, the different types, and the 10 warning signs to be aware of. We will discuss how dementia affects individuals and families, highlighting the importance of early recognition and support

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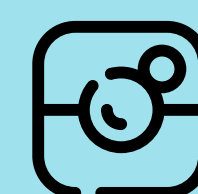Please select "join meeting as an Attendee", once logged-in

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