Cyber Safety for Youth: Navigating the Digital Landscape

April 3, 2025

10:00-11:30am MDT

In this discussion, we will explore essential strategies for using social media safely and responsibly. Key topics will include maintaining privacy online, managing your digital image, recognizing and preventing cyberbullying and understanding the risks of sextortion. We will provide practical tips for protecting personal information, navigating online interactions, and fostering a positive online presence, while also highlighting the importance of awareness and proactive steps to avoid online threats.

Please note that this session **will not be recorded or uploaded to our website.

Learning Outcomes:

- **Protect your privacy:** Learn effective strategies to safeguard your personal information and maintain control over what you share online
- **Manage your digital image:** Understand how to create and monitor your online presence to build a positive and respectful image
- **Recognize and prevent online threats:** Gain awareness of cyberbullying, sextortion, and other online risks; Discover proactive steps to protect yourself and others from online dangers

Speakers:

Adriana Dewar, BA, MA, Community Outreach Coordinator at YouthLink. Adriana has worked in community outreach for a year and a half. In this role, she works very closely with schools, community organizations, parent groups, and youth support workers.

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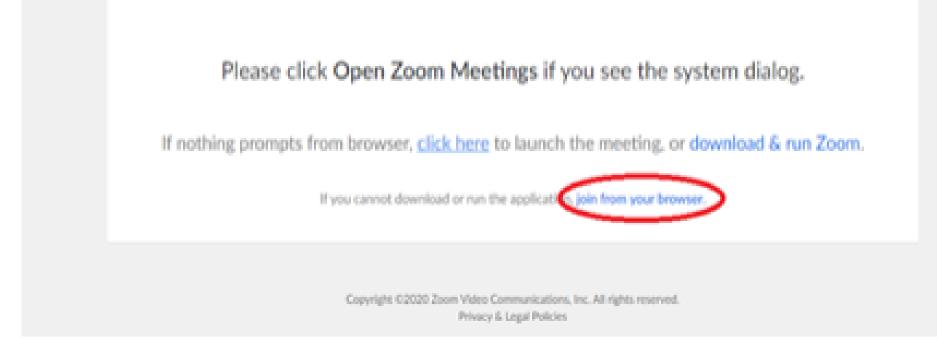Launching...

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