

# Moms Stop The Harm Programs Across Canada

January 30, 2025

10:00-11:30am MST

Moms Stop Harm offers Healing Hearts and Holding Hope groups Canada wide/Healing Hearts is for those who have lost a loved one due to substance related harms and Holding Hope is for those who have a loved one struggling with substances. Also if you are interested in starting up one of these groups how to connect.



## Learning Outcomes:

- Ask questions and learn about opportunities to engage with Moms Stop the Harm Programs, Healing Hearts, & Holding Hope, and also the vision and mission of Moms Stop The Harm, and other resources offered

## Speakers:

Antoinette Gravel-Ouellette is Métis woman with 4 adult children, 3 heart children and 18 grandchildren and 4 great grandchild. Antoinette is the Stronger Together Canada Program Coordinator and recruits, trains and supports facilitators as well as coordinates Connects Sessions



Target Audience: Anyone who has a loved one struggling or have had a loved ones pass due to substance related harms or work with those who have

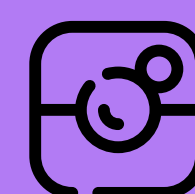
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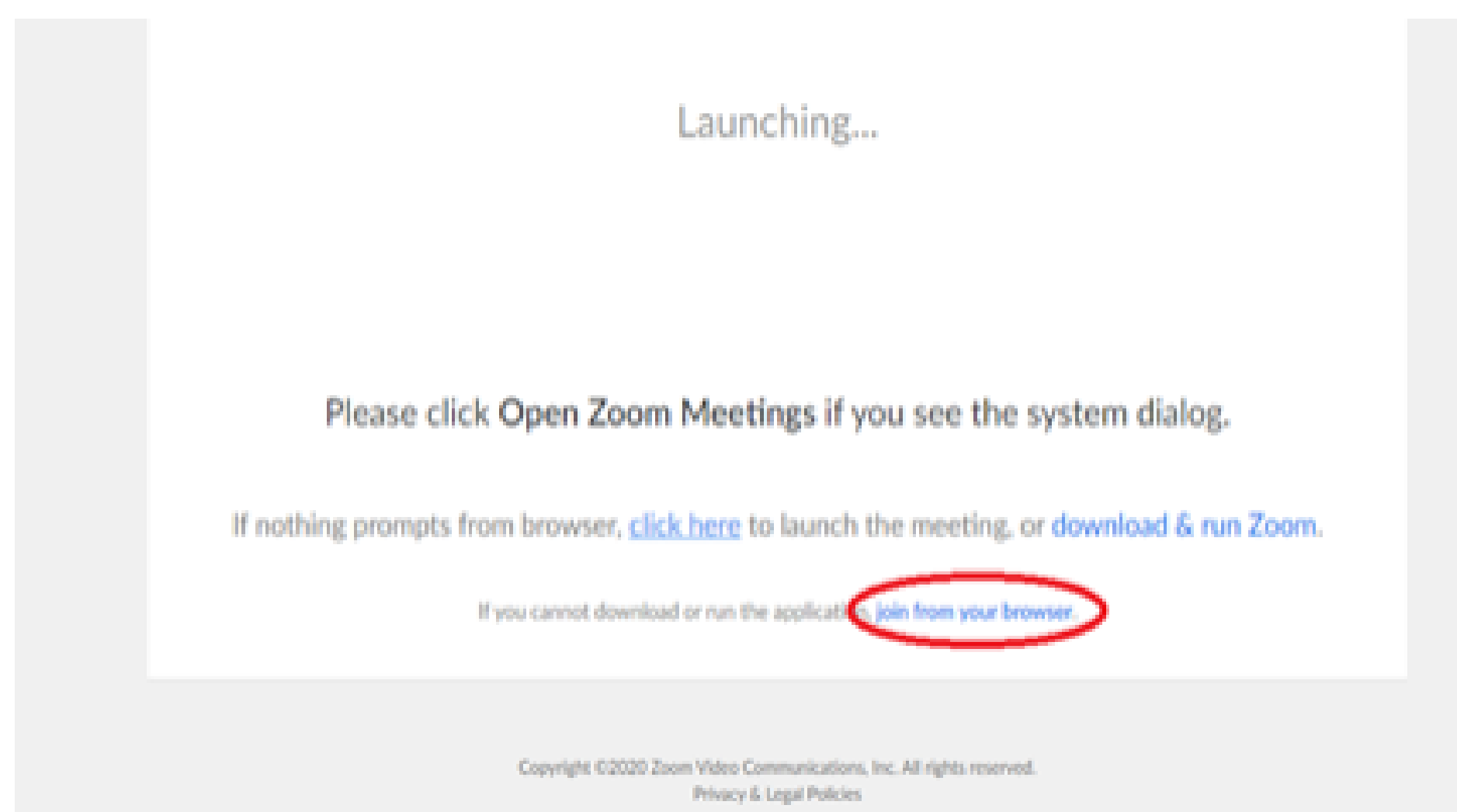
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