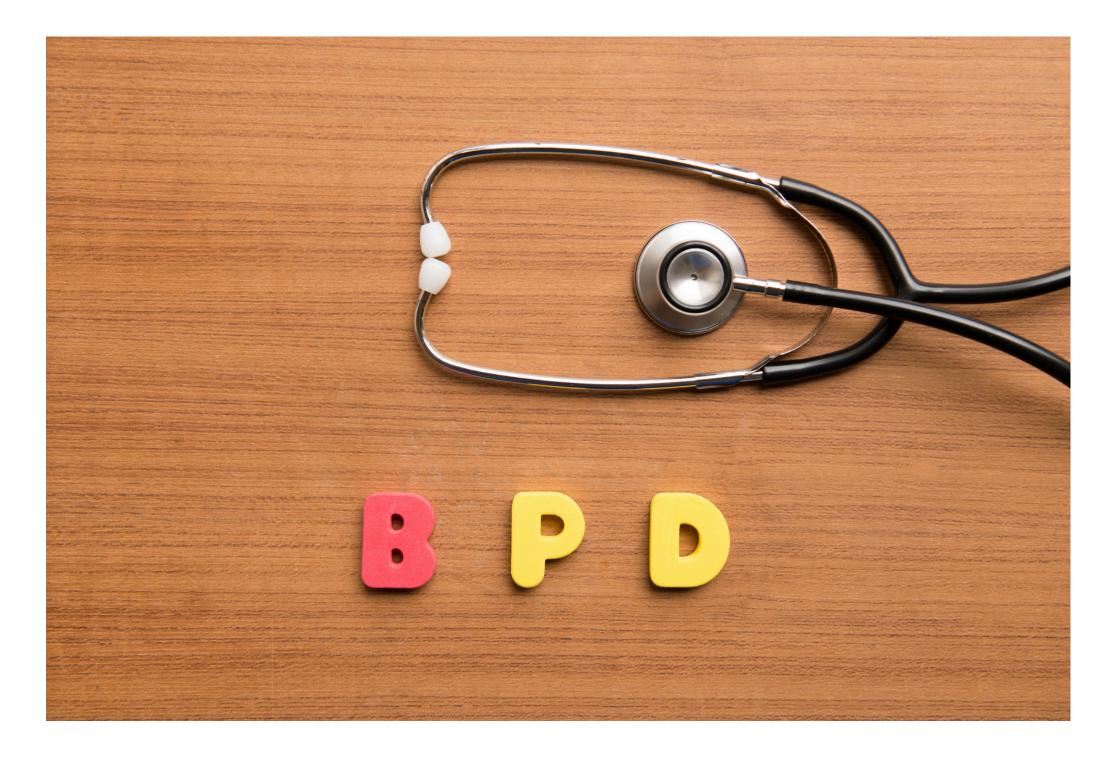# Understanding Borderline Personality Disorder

January 23, 2025
1:30-3:00pm MST

This presentation will explore the 9 diagnostic criteria for BPD based on the DSM-V, and provide examples of how these criteria may present in individuals. The biosocial theory of BPD (i.e., how BPD develops) will also be discussed. Lastly, recommendations on what to do if you suspect your loved one is struggling with BPD will be provided.

Learning Outcomes:

- Understanding of what BPD is and what the common symptoms of BPD are
- Understanding of how BPD develops
- Ideas on how to proceed with your loved one, if you believe they may be struggling with BPD

Speakers:

Jessica Heil, Registered Psychologist, DBT-Linehan Board of Certification, Certified Clinician™, Clinical Director at Inner Solutions™

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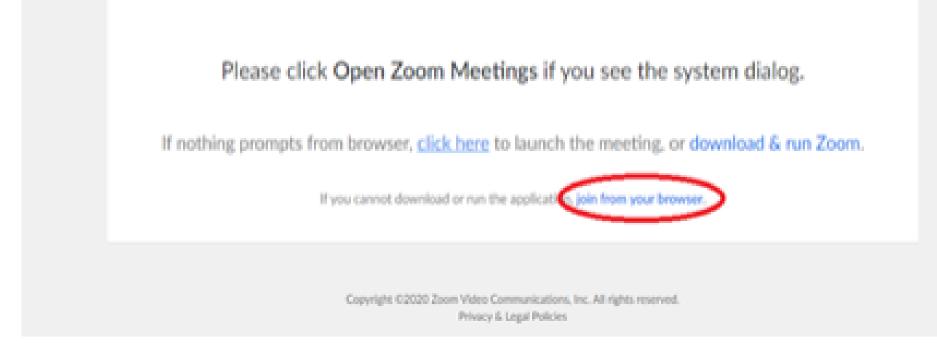4. Click the option " click here" (See image below)

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