

# Resilience & Reflection: How Teen Motherhood Shaped My Path to Reconciliation

December 13, 2024

10:00-11:30am MDT

In this telehealth webinar, Tanya Tourangeau will share her personal journey of becoming a teen mom at 15, drawing connections between the impact of Canada's assimilation policies, residential schools, and the history of how First Nations people were treated. She will discuss how her experience of motherhood inspired her to break generational cycles and continues to motivate her work in Reconciliation, empowering others to strive for a better future.



## Learning Outcomes:

- **Understanding Historical Impact:** Participants will gain insight into how Canada's policies, including assimilation and residential schools, have shaped the lives and experiences of Indigenous people across generations.
- **Breaking Generational Cycles:** The session will illustrate how personal challenges can inspire strength, resilience, and the determination to create positive changes for future generations.
- **Inspiration from Lived Experience:** Attendees will hear a firsthand account of overcoming adversity, showing the power of motherhood as a motivator for self-improvement and family well-being.
- **Connection to Reconciliation Work:** Participants will learn how Tanya's personal journey continues to fuel her ongoing commitment to Reconciliation efforts, emphasizing the personal stakes involved in addressing historical injustices.
- **Empowering Youth and Families:** The webinar will provide hope and practical insights for young parents, especially those from marginalized communities, demonstrating that it's possible to break free from systemic challenges and build a better life.

## Speakers:

Tanya Tourangeau is a Reconciliation Lead with over 18 years of experience in capacity building, economic development, and policy advocacy, working to bridge relationships between Indigenous communities and non-Indigenous organizations. As a teen mom at 15, Tanya's personal experiences with overcoming adversity have fueled her passion for breaking generational cycles and driving meaningful Reconciliation efforts. She continues to inspire others through her work, speaking engagements, and dedication to improving the lives of Indigenous families. Tanya owns her own consulting firm, Tanya T Consulting.

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CONSULTING



Target Audience: Teen Parents or Expecting Teens, Indigenous Youth & Families, Healthcare & Social Service Providers, Educators & Youth Advocates, Policy Makers & Reconciliation Advocates

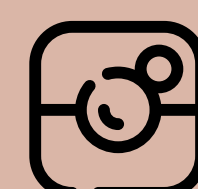
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