Seniors, Sexuality, and Healthy Relationships

December 4, 2024
10:00-11:00am MST

Sexuality is an important part of life including as people age. There are lots of myths and stereotypes about sexuality and aging, many of which can be negative. In this session we will talk about sexuality across the lifespan, how bodies and experiences can change as we age and sexuality as part of healthy relationships.

Please note that this session will not be recorded or uploaded to our website.

Learning Outcomes:
- Sexuality across the lifespan
- Body, feelings, and relationship changes during aging
- Resources and support

Speakers:
Alberta Health Services, Sexual & Reproductive Health, Calgary Zone has provided relationships and sexuality education to communities across Alberta since 1972. They aim to provide inclusive, trauma-informed, rights-based service adapted to the communities they serve with a goal of empowering individuals, families and communities to build on their own strengths and achieve their sexual health goals

Alberta Health Services
Sexual & Reproductive Health

Target Audience: Seniors, Elders, people working with seniors and Elders and anyone who wants to know what to expect during aging.

Please register for session at:
https://fntn.ca/Home/Register-VC?eid=21640

To access this session from *zoom*:
https://fntn.zoom.us/s/87693650151
Meeting ID: 876 9365 0151
Passcode: 668925

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To access this session from an *audio line*:
1-587-328-1099
Meeting ID: 876 9365 0151
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First Nations Telehealth Network
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1.888.999.3356
VCHELP@FNTN.CA

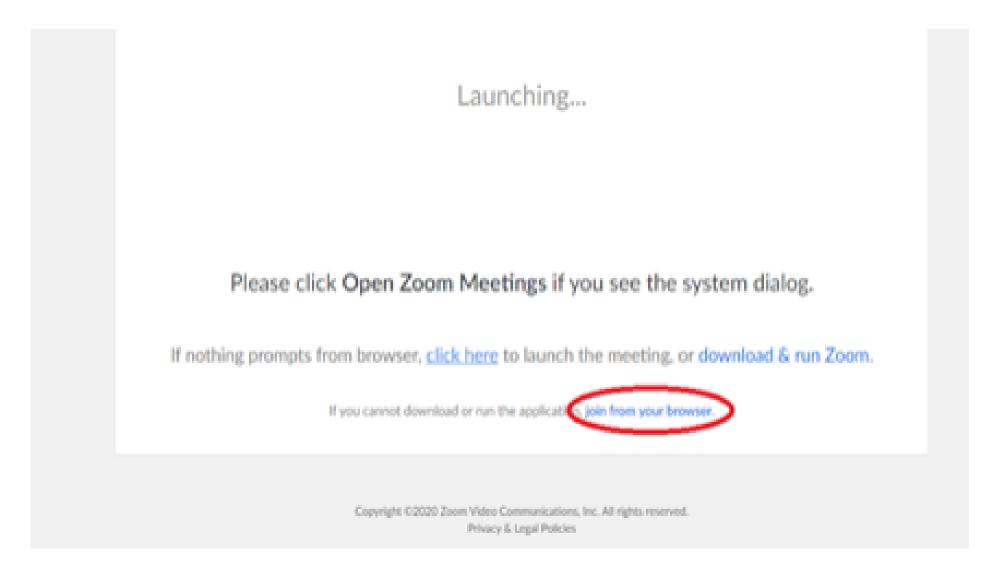@FIRSTNATIONSTELEHEALTHNETWORK

To join via internet browser

1. Please click the link below to join the webinar:
   https://fntn.zoom.us/join

2. Enter Meeting ID: 876 9365 0151
3. Passcode: 668925
4. Click the option " click here" (See image below)

5. Another option will show up on the bottom, please click " join from your browser" (See image below)

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To join Via Zoom apps:

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3. Passcode: 668925
4. Choose "download and run Zoom"
5. An executable file will be download, please run the file
6. After the file has been installed, you will be ask to enter your "email" and your "name"
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