Talking with Children & Youth About Bodies, Relationships, and Sexuality

November 20, 2024
1:30-2:30pm MST

Learning about bodies, relationships and sexuality helps children and youth create healthy boundaries, build life skills and stay safe. When parents, guardians, Elders and professionals answer questions and talk honestly about sexuality, it helps children and youth feel comfortable and supported. It also makes them more likely to continue to talk about growing up, relationships and feelings. Learn about why, when and how to talk about these topics with the children and youth in your life.

**Please note that this session will not be recorded or uploaded to our website.

Learning Outcomes:

- Why, when, and how to talk about bodies, relationships and sexuality with children and youth
- What children need to know at what age
- Resources available to help you talk with children and youth

Speakers:

Alberta Health Services, Sexual & Reproductive Health, Calgary Zone has provided relationships and sexuality education to communities across Alberta since 1972. They aim to provide inclusive, trauma-informed, rights-based service adapted to the communities they serve with a goal of empowering individuals, families and communities to build on their own strengths and achieve their sexual health goals.

Alberta Health Services
Sexual & Reproductive Health

Target Audience: Parents, guardians, Elders and professionals who support children and youth

Please register for session at: https://fntn.ca/Home/Register-VC?eid=21628

To access this session from *zoom*: https://fntn.zoom.us/s/83706316361
Meeting ID: 837 0631 6361
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To access this session from an *audio line*:
1-587-328-1099
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First Nations Telehealth Network
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@FIRSTNATIONSTELEHEALTHNETWORK

To join via internet browser

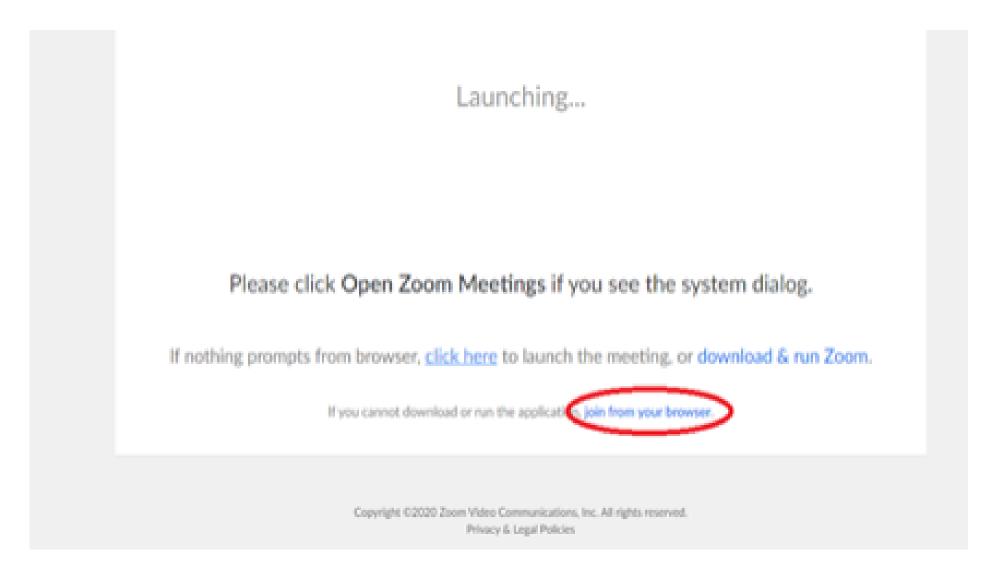1. Please click the link below to join the webinar:
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