

Bipolar Disorder - It Isn't What You Think

August 27, 2024

1:30-3:00pm MDT

Bipolar disorder is a serious mental illness that can have devastating impacts on individuals and families. People with bipolar disorder not only live with the illness, but also with the stigma and stereotypes held by society. Despite this, people with bipolar are capable of living rich and full lives.



Learning Outcomes:

- What causes bipolar disorder?
- What are the lived experiences of people with bipolar?
- What are the effects of bipolar on the individual and families?
- Is there hope for people with bipolar disorder and their families?

Speakers:

Giovanni Di Monaco, MSW, RSW. Giovanni is a registered social worker in Alberta, and completed his Masters in Social Work Degree from the University of Calgary. He is the owner of a small private practice in Edmonton, Alberta, named Bipolar Wellness. His therapy practice is exclusively focused on individuals and families with bipolar disorder. Giovanni is also a certified teacher, and was formerly employed by the Ben Calfe Robe School, a Cree culture and language magnet school in Edmonton. He also has a background in community mental health, and worked with Edmonton's Indigenous Community, in that role.



Target Audience: People with bipolar. People interested in learning about bipolar disorder. Family members that have relatives with bipolar disorder. People interested in lessening their own stereotypes about bipolar disorder.

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