

MCH, CPNP, & FASD Virtual Connection Circle #4

December 11, 2024

10:00-11:30am MST

Baby-Led Weaning

Speaker:

Hilary Payne, Registered Dietitian & Certified Diabetes Educator, Blood Tribe Department of Health. Hilary Payne will be presenting on Baby-Led Weaning.

Description:

Our Infant Feeding Class goes back to the basics of starting solids using a Baby-Led-Weaning approach. As a response to increasing concern of picky eating and childhood obesity, we have shifted our priority to try and promote choosing a variety of food, making baby meals easy, and the need to build skills around chewing when it comes to our youngest population's nutrition.



Please note this session is an **invite only** event for MCH, CPNP and FASD workers in First Nation Communities.

The Community Health Promotion Programs and Community Nutrition Advisors of Indigenous Services Canada will be hosting 90 minute Virtual Connection Circles, bi-monthly for MCH, CPNP and FASD programs.



Target Audience:
Participants include community-based staff working with MCH, FASD and/or CPNP Program

Please note that this session **will not** be recorded or uploaded to our network.

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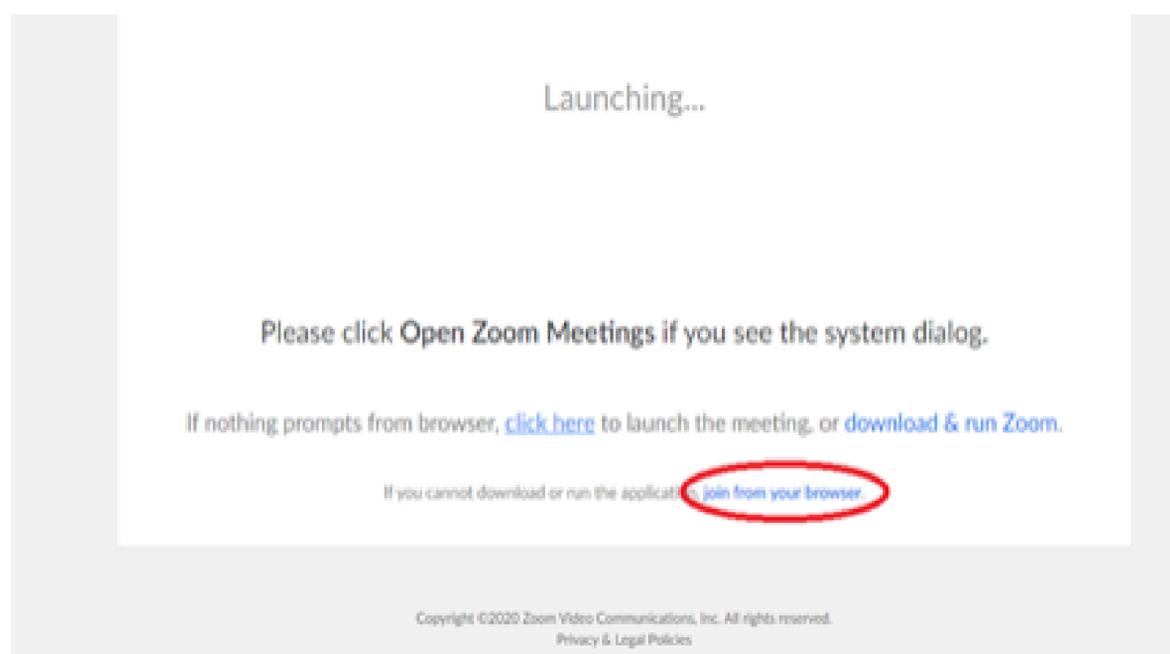
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