

# The Confluence: A Dual Approach to Recovery

July 9, 2024

10:00-11:30am MST

The session will briefly review the history and impact of alcohol within Indigenous communities, and the Sunrise Healing Lodge approach to recovery from alcohol.



## Learning Outcomes:

- Increased knowledge about the Sunrise Healing Lodge Program
- A better understanding of how alcohol has impacted individuals, families, and communities
- The role that the 12 Steps and cultural teachings play in reconnecting clients to wellness
- The use of the Medicine Wheel and spirituality in supporting a client on their healing journey

## Speakers:

Jordan Bareshinbone is from the traditional homelands of the Blood Tribe or Kainai First Nation, which is part of the Blackfoot Confederacy in southern Alberta. He is a graduate of the Solicitor General Staff College in Edmonton, Alberta and worked for 25 years in Criminal Justice. He has been with Sunrise Healing Lodge for the past 11 years in various roles, and has been the Cultural Initiatives Coordinator since 2016. He is a Residential School survivor and has extensive historical knowledge in Indigenous Culture. Jordan continues to be actively involved in the Truth and Reconciliation calls to action in a personal and professional healing journey and is also a person living in long-term recovery from addiction. Jordan's role at Sunrise Healing Lodge is to support clients in reconnecting to their Indigenous identity, and helping them begin their own healing journey.



Target Audience: Any professional or support person working with or helping individuals impacted by addiction

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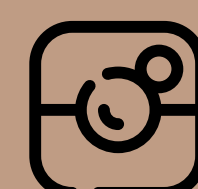
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