

# Understanding How to Cultivate SAIiF Relationships

July 11, 2024

1:30-3:00pm MST

During this session, participants will gain the knowledge and skills necessary to understand and prevent domestic violence, while fostering healthy relationships amongst their community.



## Learning Outcomes:

- Learn to recognize the signs of domestic abuse
- Gain an understanding of the effects of family violence on the individual and the community
- How to build and enforce healthy boundaries
- How to move forward after surviving family violence

## Speakers:

**Stephanie Gulaga, Education Facilitator, SAIiF Society.** Stephanie is a passionate mental health advocate with a rich background in assisting clients to address their challenges and raising their awareness of relevant community resources. Stephanie has a talent for taking difficult topics and making them accessible for various ages and backgrounds, which is why she is such a valued member of the SAIiF team. Before joining SAIiF, Stephanie supported clients at the George Spady Society, the Jessica Martel Memorial Foundation, and, most recently, at the Little Warriors Be Brave Ranch.



Target Audience: Anyone interested in cultivating and sustaining healthy boundaries

Please register for session at:  
<https://fntn.ca/Home/Registrar-VC?eid=21407>

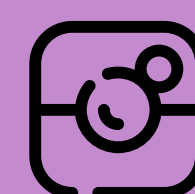
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