

Can We Talk? Healthy Relationships

May 22, 2024

1:30-3:00pm MST

Join us for session 3 of our 'Can we talk?' parent workshop series to learn how to foster healthy relationships with your children and teens, teaching them how to spot unhealthy behaviors in relationships of every nature (friendships, romantic relationships, extended and immediate family) , and how best to communicate their needs and boundaries.

****Please note that this session will not be recorded or uploaded to our website.**



Learning Outcomes:

- Knowledge of healthy, unhealthy and abusive relationships
- Awareness of effective communication practices
- Comfort in discussing topics related to ethical relationships and communication
- Ability to use resources and tools to increase knowledge and comfort discussing family values regarding romantic/intimate relationships

Speakers:

Diana Wark, Parent Programs Coordinator. Diana has facilitated sexuality and inclusion content across Alberta for over 20 years

Centre
for Sexuality



Target Audience: Parents, guardians, and natural supports of children aged 0-12 years old

Please register for session at:
<https://fntn.ca/Home/Registrar-VC?eid=21319>

To access this session from zoom:

<https://fntn.zoom.us/j/86188337362>

Meeting ID: 861 8833 7362

Passcode: 867122

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To access this session from an *audio line*:

1-587-328-1099

Meeting ID: 861 8833 7362

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To join via internet browser

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4. Click the option "click here" (See image below)

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2. Enter Meeting ID: 861 8833 7362
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5. An executable file will be download, please run the file
6. After the file has been installed, you will be ask to enter your "email" and your "name"
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