Can We Talk? Healthy Relationships

May 22, 2024

1:30-3:00pm MST

Join us for session 3 of our 'Can we talk?' parent workshop series to learn how to foster healthy relationships with your children and teens, teaching them how to spot unhealthy behaviors in relationships of every nature (friendships, romantic relationships, extended and immediate family), and how best to communicate their needs and boundaries.

**Please note that this session <u>will not</u> be recorded or uploaded to our website.



Learning Outcomes:

- Knowledge of healthy, unhealthy and abusive relationships
- Awareness of effective communication practices
- Comfort in discussing topics related to ethical relationships and communication
- Ability to use resources and tools to increase knowledge and comfort discussing family values regarding romantic/intimate relationships

Speakers:

Diana Wark, Parent Programs Coordinator. Diana has facilitated sexuality and inclusion content across Alberta for over 20 years





Target Audience: Parents, guardians, and natural supports of children aged 0-12 years old

Please register for session at: https://fntn.ca/Home/Register-VC?eid=21319

To access this session from zoom:
https://fntn.zoom.us/j/861883
37362

Meeting ID: 861 8833 7362 Passcode: 867122

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To access this session from an audio line:
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To join via internet browser

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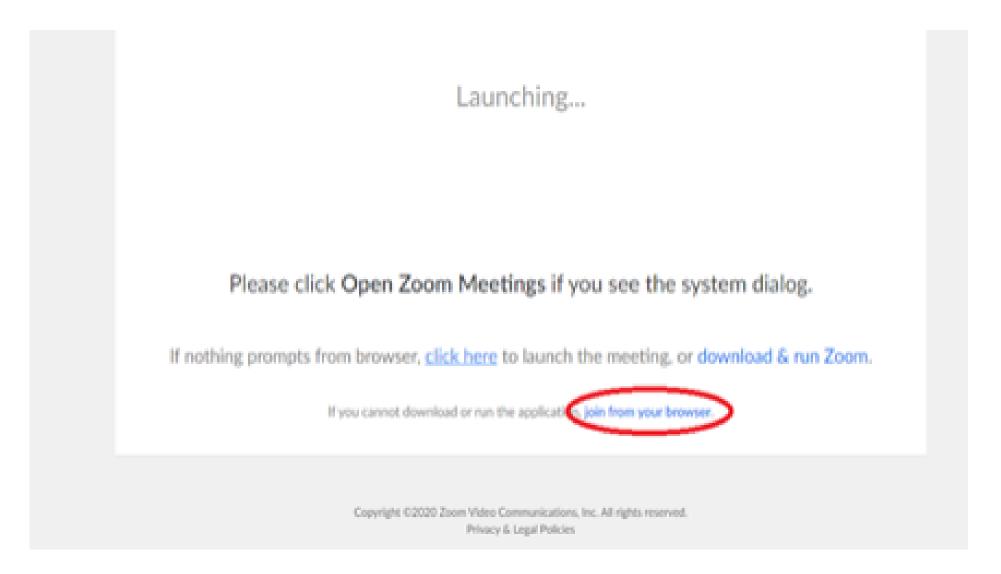
- 2. Enter Meeting ID: 861 8833 7362
- 3. Passcode: 867122
- 4. Click the option "click here" (See image below)

Launching...

Please click Open Zoom Meetings if you see the system dialog.



5. Another option will show up on the bottom, please click "join from your browser" (See image below)



6. You will now join the webinar, by default all attendees of the webinar are muted.

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- 2. Enter Meeting ID: 861 8833 7362
- 3. Passcode: 867122
- 4. Choose "download and run Zoom"
- 5. An executable file will be download, please run the file
- 6. After the file has been installed, you will be ask to enter your "email" and your "name"
- 7. You will now join the webinar, by default all attendees of the webinar are muted.