

Occupational and Critical Incident Stress Management (OCISM) Services: Services for Nurses Working in First Nations Communities

May 23, 2024

10:00-11:00am MST

This session will be an educational session on access to early supports and interventions through OCISM services to reduce the psychological impact caused by challenging events. This interactive session will also offer education about the impacts of workplace stress, information and tools to enhance resilience against stress reactions and access to early supports.

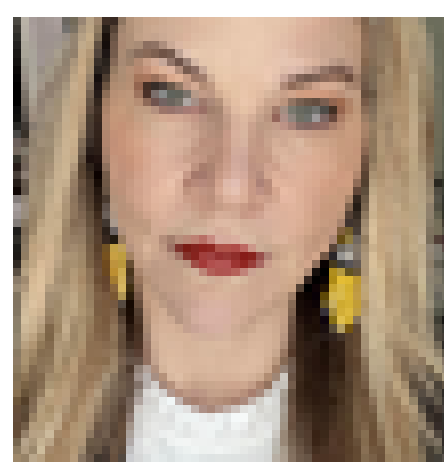


Learning Outcomes:

- Understand OCISM Services and what this service has to offer nurses working in First Nations Communities
- Increase awareness on Occupational Stress Injuries
- Learn about other resources and supports

Speakers:

Carissa McEachern, RN MN; For the past Fourteen years, Carissa has been employed with the Occupational and Critical Incident Stress Management program with Health Canada. As an Assistant Nurse Coordinator, she works nationally with mental health professionals, nurse managers, practice consultants, and front-line nurses to deliver healthcare services focused on nurse's well-being. This front-line service allows for immediate support, maintaining mental health, and contributing to the retention of nurses working in First Nations communities. Before joining the OCISM team Carissa worked in communities full time for five years both in Nunavut and Manitoba.



Target Audience: All nurses working in First Nations Communities

Please register for session at:
<https://fntn.ca/Home/Register-VC?eid=21234>

To access this session from zoom:

<https://fntn.zoom.us/j/87031089178>

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