How to Have the Best Date Ever!

May 24, 2024
3:00-4:00pm MST

Dating can be a fun way to learn about what can feel good in relationships. In this session we will look at how relationships can be healthy, how to date in a way that is safe and how to end relationships that are unsafe.

Please note that this session <u>will not</u> be recorded or uploaded to our website.

Learning Outcomes:

- Identify what makes a relationship healthy
- Learn what to say to ask someone on a date
- Know what to do if a date is unhealthy

Speakers:

The Sexual and Reproductive Health Program (Calgary Zone), Alberta Health Services, talks and teaches about healthy bodies, relationships, and sexuality

Target Audience:
Individuals aged 13-19

Please register for session at:
https://fntn.ca/Home/Register-VC?eid=21178

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https://fntn.zoom.us/j/84377377676
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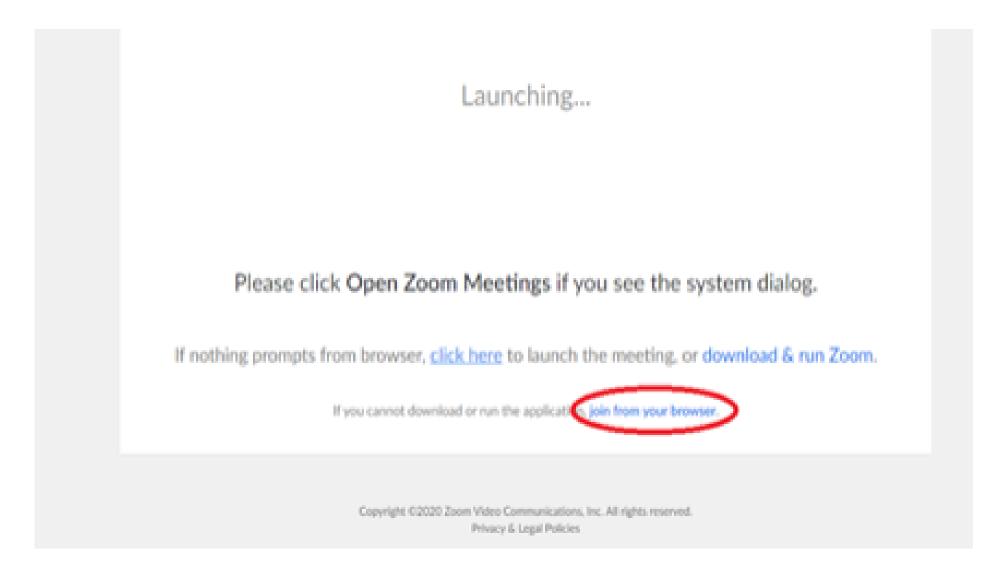VCHELP@FNTN.CA

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