

How to Figure Out Which Consequences to Use?

April 16, 2024

1:30-3:00pm MST

Join us as Julie shares what works and what doesn't work when it comes to consequences, language that helps kids understand how to make positive choices, and how to parent when too many consequences feel exhausting.



Learning Outcomes:

- Key tips for successful consequences
- What to stop doing when using consequences
- Language to clearly communicate consequences
- Parenting Strategies beyond consequences

Speakers:

Julie Freedman Smith, Author, Blogger, Podcast Host, and Parenting Expert. Julie has been supporting parents for over 20 years. Born and raised in Calgary, she believes that every family needs to find what works for them. Julie has worked collaboratively with first nations from across Canada in her work as a choral musician and looks forward to learning more from first nations parents in this session.



JFS Parent Education
tactical | practical | personal



Target Audience: Parents
of kids 2-18

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