

Can Ketamine help you Bloom? A Therapeutic Alternative Weaving Together Medicine and the Mind

May 15, 2024

10:00-11:30am MST

The session will provide a brief overview of the history of Ketamine, the origin of the medicine and its use in diverse populations. This understanding will coincide with how the medicine may be accessed, the efficacy rate for clients and the impact it has on the inner workings of the brain

****Please note that this session will not be recorded or uploaded to our website.**



Learning Outcomes:

- Developing a broad understanding of Ketamine as a psychedelic medicine and how it works in the brain
- Deciphering whether or not the treatment may be right for you and how to access the program
- Managing individual/client expectations and the efficacy of treatment
- Understanding the inclusivity and use of Ketamine in diverse populations with various intersections

Speakers:

Natasha Dharshi, M.Cog.Sci., MSW, RSW; Natasha is the Director of Therapy at Bloom Psychedelic Therapy and Research Institute. With over 12 years of experience in the field of social work, she has expertise working with individuals, couples, families, BIPOC folks and those experiencing chronic pain and illness. Natasha's training in Psychedelic Assisted Therapy, Accelerated Resolution Therapy (ART), Solution Focused Therapy, Functional Family Therapy and mindfulness-based practices allows her to blend a synergy of modalities in walking alongside clients in learning how to trust their inner knowing and intuition. Her mantra is "we are all reflections of each other" therefore, we must learn how to connect with ourselves before others.



Target Audience:

Participants wanting to engage in the program and any health care providers

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