

# Real Talk - Break the Cycle of Domestic Abuse

April 3, 2024

10:00am-12:00pm MST

REAL Talk webinars are available to anyone interested in learning how to recognize domestic abuse, understand its impact, and develop comfort in responding to domestic abuse disclosures. Learning how to talk about domestic abuse doesn't have to be fancy or complicated. REAL Talk is about creating a real moment between two people, it isn't about trying to fix things, it's about empowering change and bringing people together.

**\*\*Please note that this session will not be recorded or uploaded to our website.**



## Learning Outcomes:

- Participants will learn how to recognize and understand domestic abuse experiences
- Participants will learn how about common myths and misconceptions around domestic abuse
- Participants will learn to support someone if they know or suspect they are experiencing abuse
- Participants will learn where/how they can refer to local resources

## Speakers:

Carolyn Mitchell, BA in Psychology, Sagesse, 5 years as the Real Talk Program Coordinator



**Target Audience:** Everyone can benefit from attending a Real Talk session. Whether the topic impacts you personally or professionally, the session is an open conversation to build understanding and confidence to talk about domestic abuse

Please register for session at:  
<https://fntn.ca/Home/Registrar-VC?eid=21117>

To access this session from zoom:  
<https://fntn.zoom.us/j/81228085565>  
Meeting ID: 812 2808 5565  
Passcode: 287913

Please select "join meeting as an Attendee", once logged-in

To access this session from an *audio line*:  
1-587-328-1099  
Meeting ID: 812 2808 5565  
Passcode: 287913



First Nations  
Telehealth Network  
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1.888.999.3356  
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## To join via internet browser

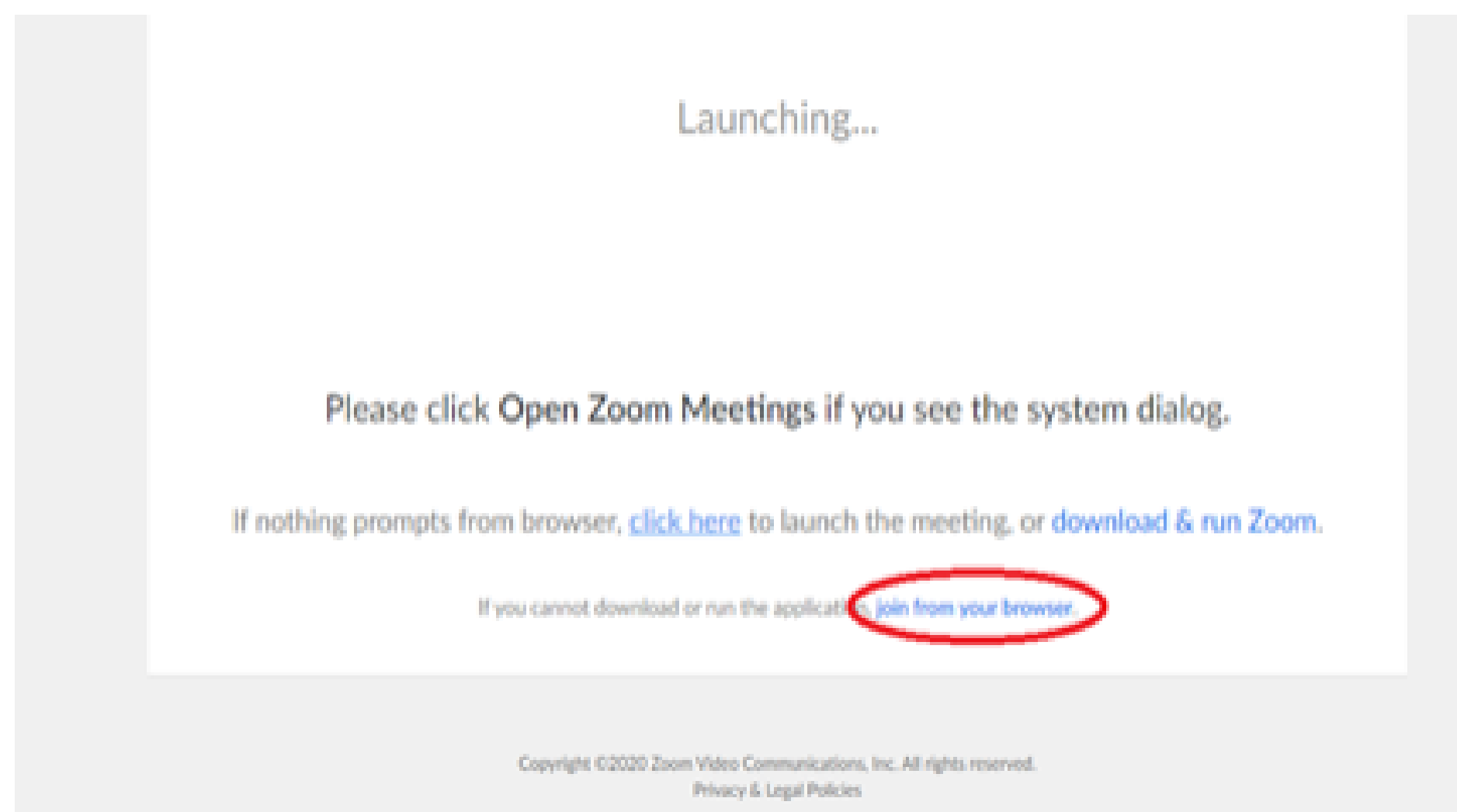
1. Please click the link below to join the webinar:  
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4. Click the option "click here" ( See image below)

Launching...

Please click Open Zoom Meetings if you see the system dialog.

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5. Another option will show up on the bottom, please click "join from your browser" (See image below)



6. You will now join the webinar, by default all attendees of the webinar are muted.

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2. Enter Meeting ID: 812 2808 5565
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4. Choose "download and run Zoom"
5. An executable file will be download, please run the file
6. After the file has been installed, you will be ask to enter your "email" and your "name"
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