

Healing Across Generations: Understanding and Addressing Intergenerational Trauma

March 12th, 2024

10:00-11:30am MST

Join us for an insightful workshop exploring the profound impact of intergenerational trauma and pathways to healing. Intergenerational trauma refers to the transmission of traumatic experiences and their psychological effects across generations. This workshop will provide participants with a comprehensive understanding of how trauma can be passed down through family lines and manifest in individuals' lives today.

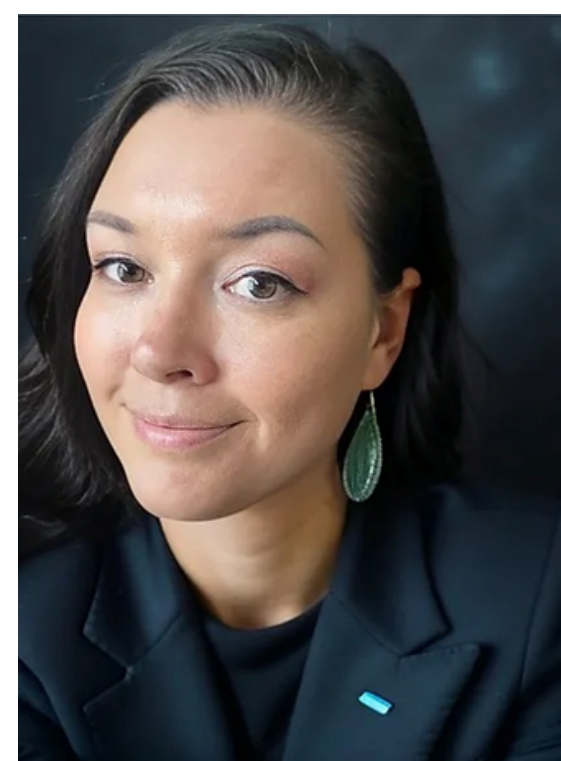


Learning Outcomes:

- Gain Insight into Intergenerational Trauma
- Examine the Impact on Individuals and Communities
- Explore Healing Approaches and Resilience
- Foster Connection and Support

Speakers:

Shauna Livesey, BSW, MSW(C), RSW is a Cree Beaver First Nations Woman. She specializes in the two-eyed seeing approach, bringing both traditional knowledge and Western together to blend in healing as Indigenous people we walk in two worlds.



Target Audience: Whether you are a mental health professional, educator, community organizer, or individual interested in understanding and addressing intergenerational trauma, this workshop will equip you with valuable knowledge and tools to promote healing and resilience across generations. Join us as we embark on a journey toward collective healing and transformation

Please register for session at:
<https://fntn.ca/Home/Registrar-VC?eid=21105>

To access this session from zoom:
<https://fntn.zoom.us/j/87248516085>
Meeting ID: 872 4851 6085
Passcode: 494530

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To access this session from an *audio line*:
1-587-328-1099
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4. Click the option "click here" (See image below)

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