

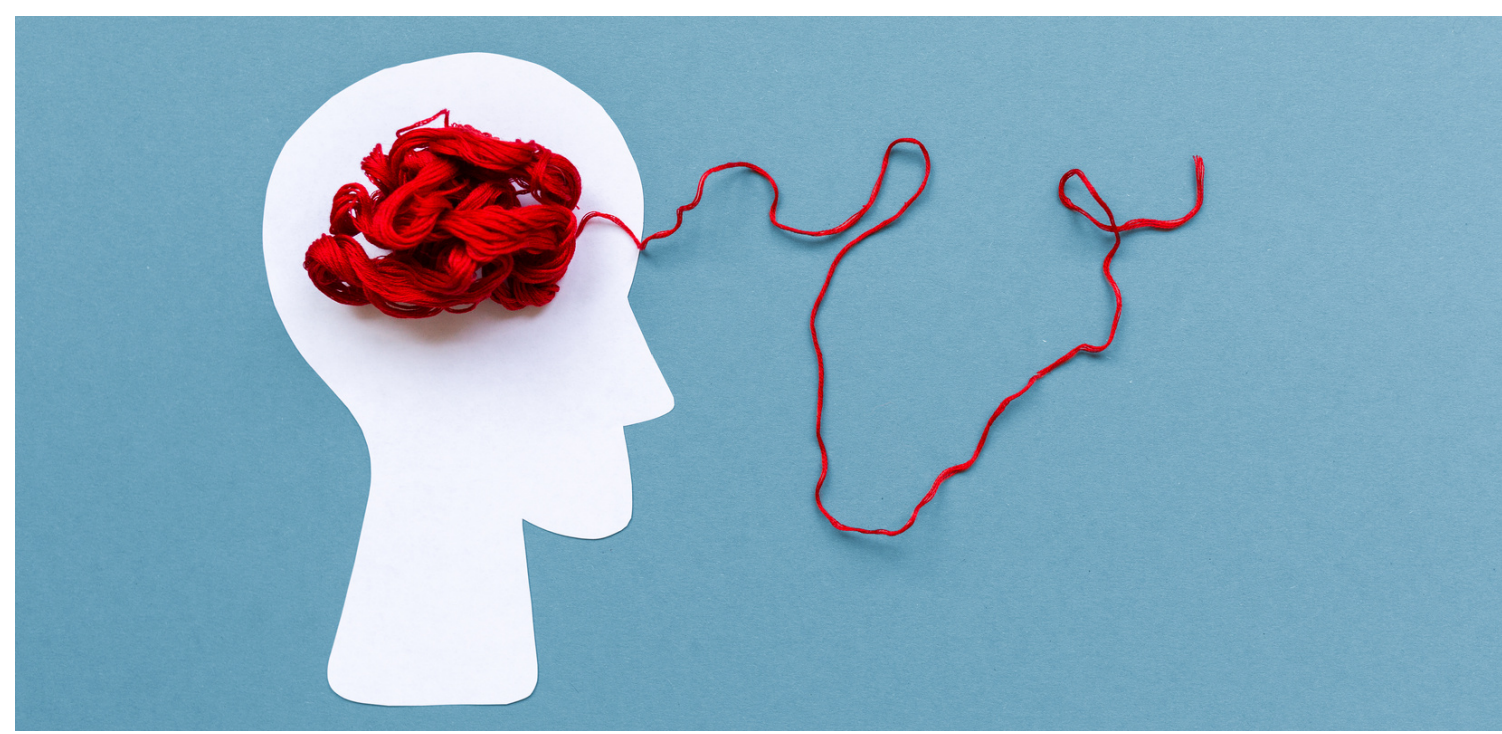
Schizophrenia Society of Alberta: A Discussion about Programs and Services & “Whisper” - A Personal Recovery Story About Living With Schizoaffective Disorder

February 21, 2024

1:30-3:00pm MST

To begin, this session will provide an overview of the programs and services currently offered through the Schizophrenia Society of Alberta. The audience will then hear a lived experience story about navigating recovery while living with Schizoaffective Disorder, which will then lead to a discussion around how a person's symptoms can be impacted by the changing of the seasons

****Please note that this session will not be recorded or uploaded to our website.**



Learning Outcomes:

- Audience members will be introduced to the Schizophrenia Society of Alberta, and will become familiar with the programs and services offered through the SSA
- Audience members will feel more knowledgeable about how to access support for themselves, as well as for loved ones they may be supporting
- The audience will gain valuable insight about what navigating recovery can look like for a person living with Schizoaffective Disorder, and will hear a personal account of how seasonal changes can impact symptoms related to schizophrenia and related mental health diagnoses

Speakers:

Victoria Quintero, a Mental Health Advocate, Peer Support Facilitator and Speaker with the Schizophrenia Society of Alberta's Edmonton Branch. She graduated in 2020 with a certificate in Graphic Communications and she is an avid learner, having completed various courses ranging from art to private investigation

Alanna Gemmell, a Program Coordinator with the Schizophrenia Society of Alberta. Alanna currently oversees various programs out of the SSA's Edmonton Branch including the Adult Peer Support Program, the Community Education Program, the Indigenous Outreach Program, and the Educational Speakers Forum Program



Target Audience: Individuals living with schizophrenia or related disorders, their family members and caregivers, as well as anyone working in fields where they support individuals living with schizophrenia or related disorders

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<https://fntn.ca/Home/Registrar-VC?eid=20826>

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1-587-328-1099

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