

Advance Care Planning & Goals of Care Course - Resource List

Thank you for attending the session. Here are some helpful resources that were referenced.

AHS Resources

- Conversations Matter website: www.conversationsmatter.ca
- Conversations Matter Guidebook (English):
<https://myhealth.alberta.ca/Alberta/AlbertaDocuments/conversations-matter-guide-english.pdf>
- Conversations Matter Guidebook (7 additional languages):
<https://myhealth.alberta.ca/HealthTopics/Advance-Care-Planning/Pages/Resources.aspx>
- AHS Goals of Care Video Link (8min): https://www.youtube.com/watch?v=eaO7aiX_8cAAHS
- Advance Care Planning Video Link (8.5min):
<https://www.youtube.com/watch?v=M0rIR1md7FQAHS>
- Green Sleeve Video Link: <https://myhealth.alberta.ca/advance-care-planning/video-library>
- Personal and Financial Decision Making Toolkit for Frontline staff (below link accessible to AHS employees only) <https://insite.albertahealthservices.ca/Main/assets/tms/ppc/tms-ppc-social-work-decision-making-toolkit.pdf#search=social%20work%20decision%20tool>

Resources from the Alberta Office of the Public Guardian & Trustee (OPGT)

- Personal Directive Template: <https://formsmgmt.gov.ab.ca/Public/OPG5521.xdp>
- Personal Directive Instruction Sheet:
<https://www.alberta.ca/assets/documents/opgt-form-personal-directives-form-opg5521a.pdf>
- The Understanding Personal Directives Booklet, Personal Directive template, Instruction Sheet, and other helpful resources can be found at: <https://www.alberta.ca/personal-directive.aspx>
- Updated Information – OPGT Personal Directive Capacity Assessment webpage:
<https://www.alberta.ca/capacity-assessment.aspx#jumplinks-4>
- Website to access OPGT forms related to capacity assessment/PD enactment etc (Schedule 2, Schedule 3 etc): <https://www.alberta.ca/office-public-guardian-trustee-forms.aspx#jumplinks-2>

National Resources:

- Advance Care Planning Canada: www.advancecareplanning.ca