

Teen Dating: When are they ready, and what can we do to support?

February 9th, 2023

10:00-11:30

In this presentation specifically designed for parents/care-givers, we will address important themes that demonstrate a teen's 'relationship-readiness' (e.g. understanding of consent). We will discuss how we can support adolescents in navigating the often complex and daunting world of 'teen dating', clarify what toxic/abusive relationships look like (both on-line and off), and what you and your teen can do if you identify 'red flags'.

Objectives:

- Greater understanding of the realities of dating adolescents experience today.
- Greater understanding of the following concepts:
 - Emotional maturity
 - Sex and intimacy
 - Consent
 - Healthy relationships
 - Mindfulness (and how this relates to both the parent/caregiver and adolescent within context of relationships)
 - Toxic/abusive Partnerships: the many different ways this can look (including digital dating violence)

Speaker:

Jill McNeil, BA - Little Warriors, Lead of Online Be Brave Bridge Programs. Jill has worked with Little Warriors for the past 5 years, honoured to have served child sexual abuse survivors and their families through a variety of different ways. Through the COVID-19 pandemic, she along with other members of the Little Warriors Clinical Team created on-line support programs to help families who would not otherwise receive timely mental health support. She is now the clinical Lead of these programs, which connect specialized counsellors and coaches with children, teens, and parents impacted by not only child sexual abuse specifically, but trauma in general.



Target Audience:
Parents/caregivers.

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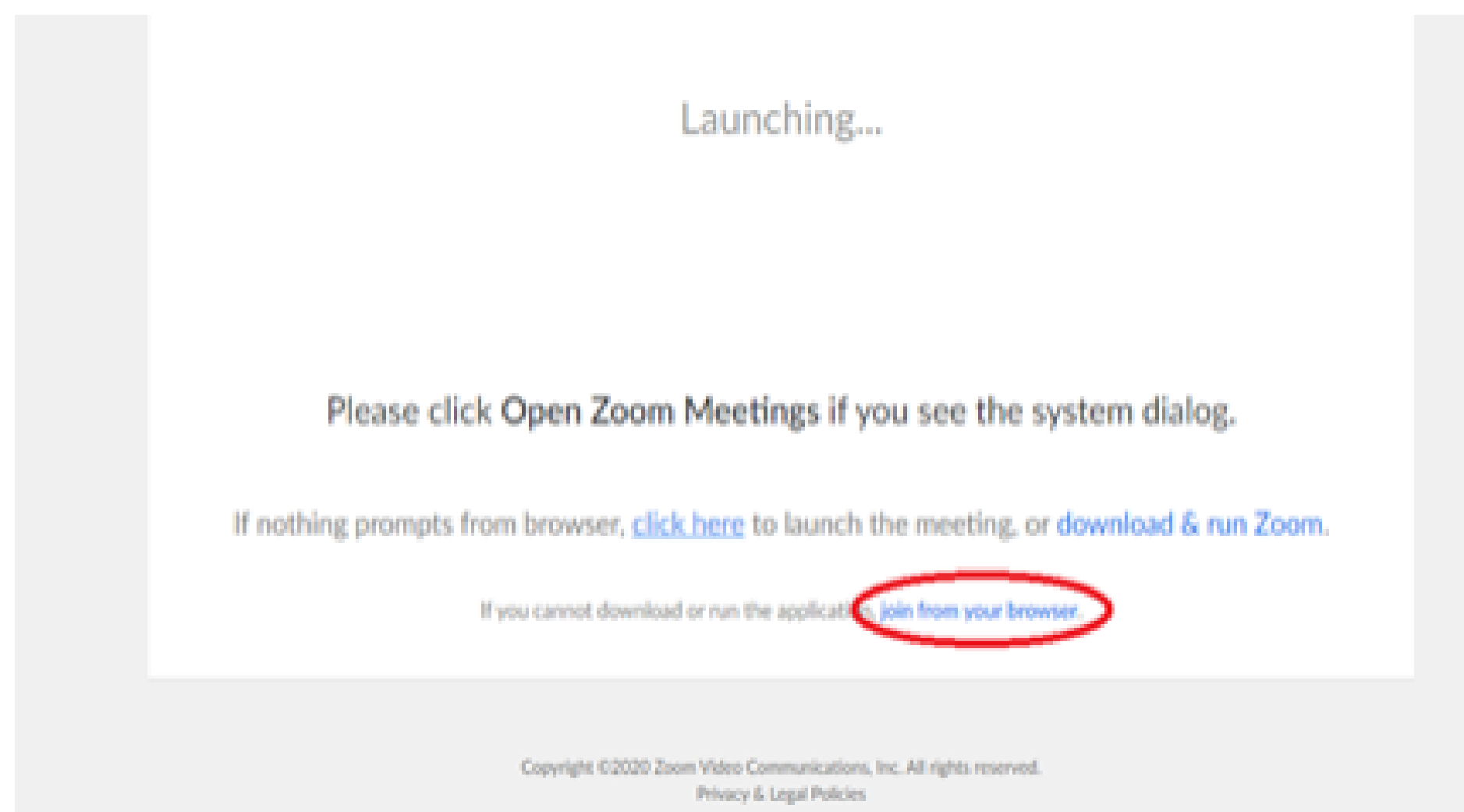
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