

Formula Feeding Resources – Professional Use

Safe Preparation and Handling of Infant Formula

This nutrition guideline, for professional use, provides recommendations and step-by-step instructions on safe formula handling and preparation.

[Nutrition Guideline Healthy Infants and Young Children Safe Preparation and Handling of Infant Formula \(albertahealthservices.ca\)](https://albertahealthservices.ca/nutrition-guideline-healthy-infants-and-young-children-safe-preparation-and-handling-of-infant-formula)

Infant Formulas For Healthy Term Infants

This compendium and complimentary summary sheet, for professional use, describe the various types of infant formulas and indications for use.

[Nutrition Guidelines Healthy Infants and Young Children Infant Formulas for Healthy Term Infants - Compendium \(albertahealthservices.ca\)](https://albertahealthservices.ca/nutrition-guidelines-healthy-infants-and-young-children-infant-formulas-for-healthy-term-infants-compendium)

[Nutrition Guidelines for Healthy Infants and Young Children Infant Formulas for Healthy Term Infants - Summary Sheet \(albertahealthservices.ca\)](https://albertahealthservices.ca/nutrition-guidelines-for-healthy-infants-and-young-children-infant-formulas-for-healthy-term-infants-summary-sheet)

Practice Change Notice (June 2022) – Hydrolyzed Formulas and Allergy Prevention

Hydrolyzed infant formula is no longer recommended to prevent allergies in high risk infants.

[Hydrolyzed Formulas and Allergy Prevention: Infant Formula Practice Change Notice \(albertahealthservices.ca\)](https://albertahealthservices.ca/hydrolyzed-formulas-and-allergy-prevention-infant-formula-practice-change-notice)

Formula Feeding Resources – Client Use

Safe Preparation of Infant Formula from Liquid Concentrate

This handout provides images and step-by-step instructions about how to prepare infant formula from a liquid concentrate.

[Safe Preparation of Infant Formula from Liquid Concentrate \(albertahealthservices.ca\)](http://albertahealthservices.ca)

Safe Preparation of Infant Formula from Powder

This handout provides images and step-by-step instructions about how to prepare infant formula from a formula powder.

[Safe Preparation of Infant Formula from Powder \(albertahealthservices.ca\)](http://albertahealthservices.ca)

How Much Formula to Prepare for Baby

A guide on the approximate amounts of formula baby will consume at each feed and over 24 hours. Remind clients that these are approximate amounts.

[How Much Infant Formula to Prepare for Baby \(albertahealthservices.ca\)](http://albertahealthservices.ca)