

Our Children Are Sacred Indigenous Youth Suicide Prevention Program Information Session

August 24th, 2022

1:45-2:45

This session will provide attendees with an understanding of the core components of the 2 day in person course as well as our 7.5 hour virtual version of the course. We will explore the program background, the goals and objectives of the course and provide a brief description of each Module as well as the rationale behind including each Module.

Learning Outcomes:

- To provide participants with information pertaining to the program itself with the hopes of attracting more individuals and communities who may wish to schedule a course for their organization or community so as to address the high rate of suicides.



Speaker:

Chrystal Thornton, Program Manager Our Children Are Sacred Ben Calf Robe Society Edmonton, AB. In addition to her Program Manager role for Ben Calf Robe Society, Chrystal is a Contract Facilitator for the Mental Health Commission of Canada for Mental Health First Aid - First Nations, Mental Health First Aid Standard (Virtual), and Mental Health First Aid Standard F2F. She is also a Critical Incident Stress Debriefing Facilitator. Chrystal spent the first 20 years of her career working on the front lines in various capacities, most notably as a sexual violence and domestic violence counsellor, a former Board Member for Sexual Assault Services of Saskatchewan, a former member of a Compassionate Community Response Team in Prince Albert, SK, and received a Premier's Award of Excellence for being a member of the Inter-Ministry Team that responded to the crisis in Northern Saskatchewan as a counsellor. She has now taken a step back from front line work to focus on facilitation and program development and has spent the entirety of her career working predominantly with and for Indigenous people. She currently resides in Treaty 7 Territory (Cochrane, AB) with her husband and 2 children (aged 16 and 21).



Target Audience: All are welcome.

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