# Addiction and Recovery 101

## June 23, 2021
## 1:30-2:30



This session will discuss the definition of Addiction and Recovery as applied to PEP's Family Recovery Group

## Learning Objective:

- Realization that addiction impacts all of us in the community
- There is power in knowledge and strength in numbers
- Introduction to PEP's 4 C's to start the step into recovery

## Speakers:

**Lerena Greig** - Executive Director of Parents Empowering Parents (PEP) Society and facilitator of Family Recovery Group. She has worked in the field of addictions and recovery for 14 years and is a person of lived recovery.

**Vivian Dersch** - International Certified Addictions Counsellor and Recovery Coach, Facilitator of Family Recovery Group for PEP. She works full time at Enoch Cree Nation in the Wellness Centre

**PARENTS EMPOWERING PARENTS**

pepsociety.ca
Support Line: 780-293-0737
Toll Free: 1-877-991-273

**TSAG**

**Target Audience:**
anyone supporting families /caregivers who have a loved one struggling with substance use and addiction.

Please register for session at:
http://WWW.FNTN.CA

To access this session from *zoom*:
https://fntn.zoom.us/join
Meeting ID: 985 4230 7380
Passcode: 862060

To access this session from an *audio line*:
1-587-328-1099
Meeting ID: 985 4230 7380
Passcode: 862060

First Nations Telehealth Network
WWW.FNTN.CA
1.888.999.3356
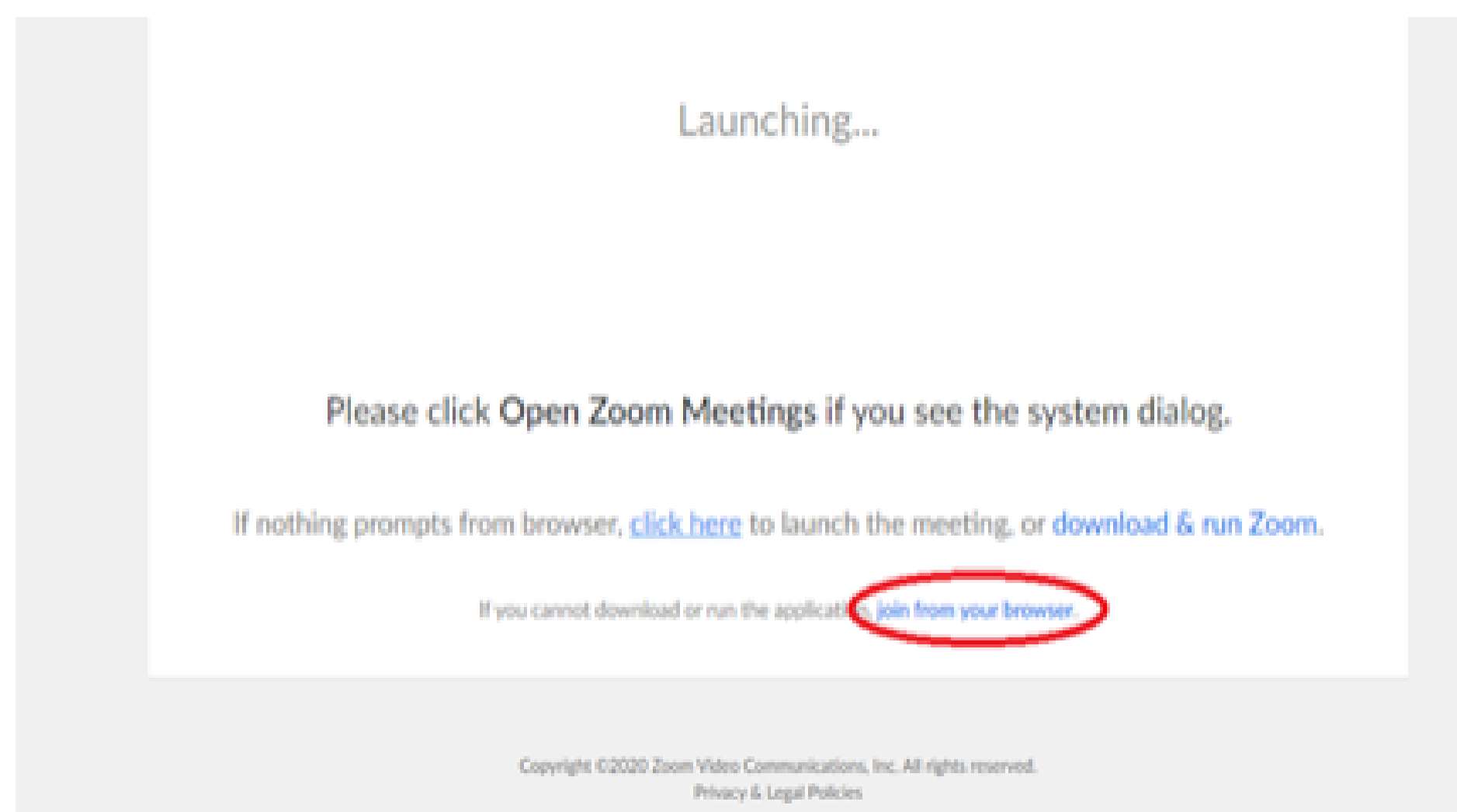VCHELP@FNTN.CA

# To join via internet browser

1. Please click the link below to join the webinar:
   https://fntn.zoom.us/join

2. Enter Meeting ID: **985 4230 7380**
3. Passcode: **862060**
4. Click the option " click here" ( See image below)

Launching...

Please click **Open Zoom Meetings** if you see the system dialog.

If nothing prompts from browser, click here to launch the meeting, or download & run Zoom.

5. Another option will show up on the bottom, please click " join from your browser" (See image below)

Launching...

Please click **Open Zoom Meetings** if you see the system dialog.

If nothing prompts from browser, click here to launch the meeting, or download & run Zoom.

If you cannot download or run the application, join from your browser.

Copyright ©2020 Zoom Video Communications, Inc. All rights reserved.
Privacy & Legal Policies

6. You will now join the webinar, by default all attendees of the webinar are muted.


# To join Via Zoom apps:

1. Please click the link below to join the webinar:
   https://fntn.zoom.us/join

2. Enter Meeting ID: **985 4230 7380**
3. Passcode: **862060**
4. Choose "download and run Zoom"
5. An executable file will be download, please run the file
6. After the file has been installed, you will be ask to enter your "email" and your "name"
7. You will now join the webinar, by default all attendees of the webinar are muted.