

VIRTUAL CARE TELEHEALTH

# MARK AMY TREATMENT CENTRE



Presented by:

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Executive Director

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**MARK AMY TREATMENT CENTRE**



bed facility located 20 minutes  
south of Fort McMurray on Fort  
McMurray First Nation #468

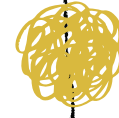


# 56 DAY PROGRAM



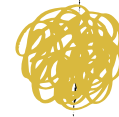
## OPEN ENDED

Continuous intake



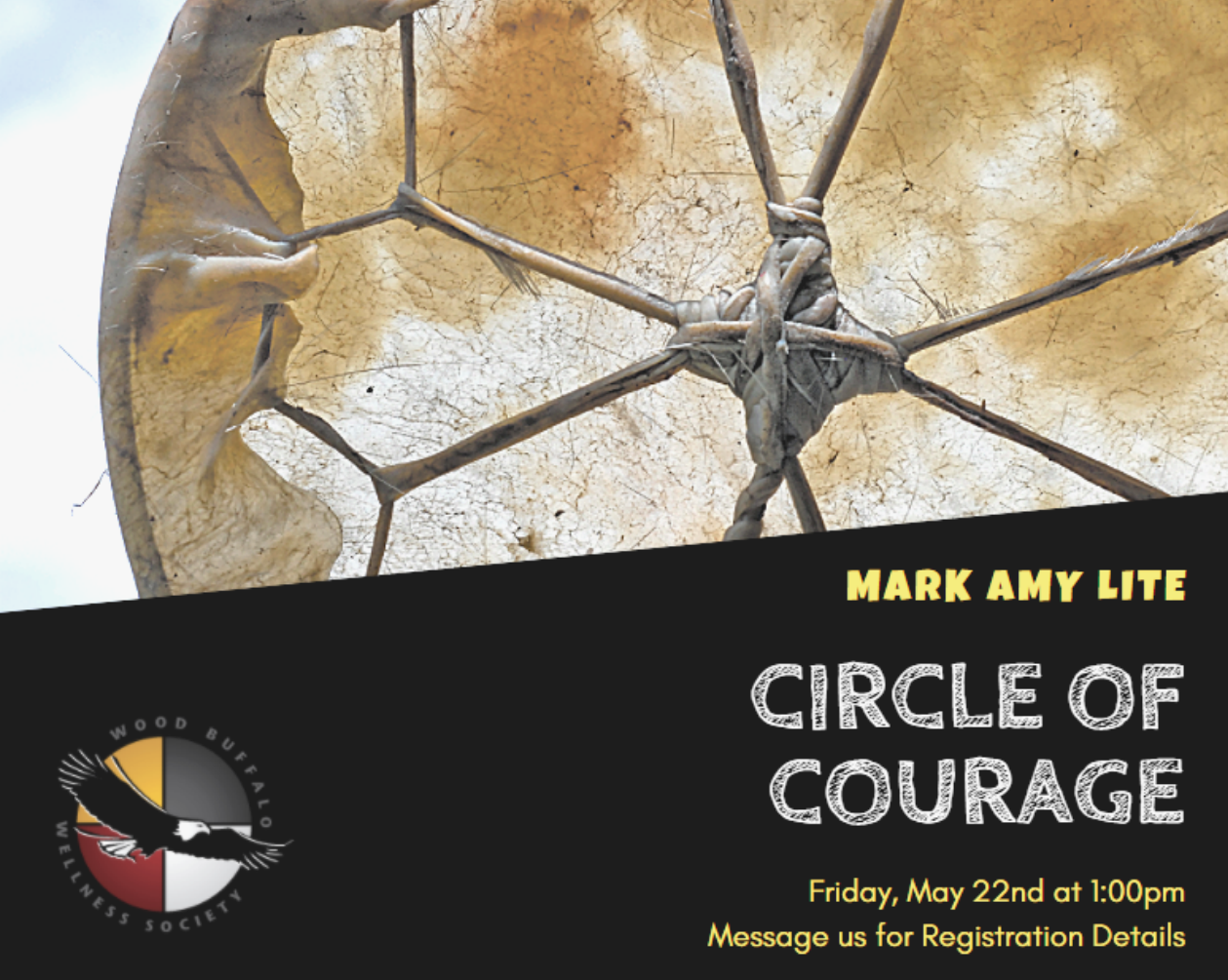
## TRANSITION CLIENTS BACK INTO COMMUNITY

Provide clients with additional supports when they leave MATC



## CLIENTS SERVED

We usually serve around 65-80 clients per year in our residential program and 100-150 in outreach and cultural programs



**MARK AMY LITE**

## CIRCLE OF COURAGE

Friday, May 22nd at 1:00pm  
Message us for Registration Details



# SINCE COVID

WE HAVE HAD TO ADJUST OUR PROGRAMS AND DELIVERY TO BEST SERVE OUR CLIENTS

- Closed our doors and transitioned our clients
- Post treatment care
- Launched our first Online Programming to support mental health and keep alumni connected
  - Mark Amy Lite
  - Knowledge Keeper Teachings
  - Guest Speakers

VIRTUAL EVENT

# James Jones

December 16th | 2:00pm-4:00pm  
Zoom ID: 839 9870 7413

TRADITIONAL HOOP DANCER | TIKTOK STAR  
SO YOU THINK YOU CAN DANCE FINALIST





WE LAUNCHED CLASSES AROUND  
CULTURAL ACTIVITIES

🌀 DRUM MAKING

🌀 MOCCASINS

🌀 RATTLES





Monday and Thursday  
6:00PM MST

MARK AMY TREATMENT PRESENTS

# Gilly and Dianna

Zoom: 843 7994 4029

Password: courage



# SUPPORT GROUPS

## CO-ED SUPPORT GROUP

Lead by Gilly Alook and his partner Dianna

## WEEKLY KNOWLEDGE KEEPER LESSONS

Adrian LaChance shares his knowledge on Cultural Teachings and Recovery

## WOMEN'S ADDICTION RECOVERY GROUP

Women empowering and supporting one another through their journeys with recovery

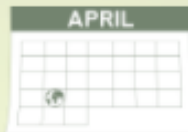
# WHERE ARE WE NOW?

## JUST LAUNCHED OUR ONLINE VIRTUAL ADDICTION TREATMENT PROGRAM

MARK AMY TREATMENT CENTRE

# VIRTUAL TREATMENT PROGRAM

REGISTRATION OPENS APRIL 1-9, 2021



Program begins: April 26 - June 4, 2021  
Program Schedule: Monday to Friday 9am-4pm



All materials and supplies will be provided  
*Free of Charge*

### PROGRAM CONTENT INCLUDES



Daily Group Therapy



Ceremony and Cultural Teachings



Individual Counselling



Group Education



Art Therapy



Daily Light Exercise



- Demographic
- Accessible anywhere
- All supplies provided
- Coordinating with interested nations
- strengthening continuation of care for clients
- Strengthening relationships with NNADAP workers
- Working with ISC/FHNIB to promote broadly

# WHAT DOES VIRTUAL TREATMENT LOOK LIKE?

## NEXT INTAKE

June 14 - July 23

## 6 WEEK PROGRAM

Monday to Friday from 8am-4pm

## SUPPLEMENTARY PROGRAMS

Support groups, Education Sessions, Cultural Teachings, Art Therapy, Individual Counselling

## FUTURE OF THE PROGRAM

Intend to continue to run Virtual Treatment moving forward with our Residential Program

Week 2

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00am-10:30am	Smudge, sharing circle, WAW's, Yoga	Smudge, sharing circle, WAW's, Yoga	Smudge, sharing circle, WAW's	Smudge, sharing circle, WAW's, Yoga	Smudge, sharing circle, WAW's
10:30am-10:45am	Break	Break	Break	Break	Break
10:45am-12:00pm	Gilly-Red Road Discussion	Anger	Tapes	Values and Responsibilities	Attitudes & Behaviours/Thoughts Emotions
12:00pm-1:00pm	Lunch Break	Lunch Break	Lunch Break	Lunch Break	Lunch Break
1:00pm-2:15pm	Spirituality	Understanding trauma (group, meditation, journal)	Tapes Remix/Tapes Feedback	Anxiety & OCD	Guest Speaker & Yoga
2:15pm-2:30pm	Break	Break	Break	Break	Break
2:30pm-3:00pm	Wrap up group & Check Out	Check Out	Check Out	Check Out	Check Out
3:00pm-4:15pm		Individual Counselling/Check in	Individual Counselling/Check in	Individual Counselling/Check in	





# SUMMER 2021

- Online Treatment
- Medicine Teachings
- Traditional Parenting
- Workshops
  - Hide Tanning
  - Harvesting Foods and Medicines
- Camps
  - Family Camp 7-10 days



# WHAT'S AROUND THE CORNER?

## LAUNCHING NEW AND RELAUNCHING ORIGINAL PROGRAMS

- Tawâw
- Women's Sober House
- Reopening Residential Treatment Program
- Strengthening After Care support for clients



# HOW TO REACH US

## CONTACT DETAILS

**JO-ANNE PACKHAM**

Executive Director

## PHONE NUMBER

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## EMAIL ADDRESS

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