

Addiction & Mental Health Prevention: What works?

May 12, 2021

10:00-12:00

This session will include an overview of different approaches for the prevention of addiction and mental health concerns. There will be a specific focus on youth. Best practice principles will be discussed as well as specific practical approaches, tools and resources.



Learning Objective:

- What works for prevention and what is less effective?
- Who should be working on prevention?
- What are the principles of youth engagement?
- Where can we go for tools and resources on prevention?

Speakers:

Heather MacKenzie - Mental Health Promotions Facilitator

Tammy O'Quinn - Mental Wellness Facilitator

This session is part of a reoccurring Addiction and Mental Health learning series. Our next session will be June 9th at 10:00 AM.



Target Audience:

The general public and/or health care providers and other professionals.

Especially anyone who works with youth

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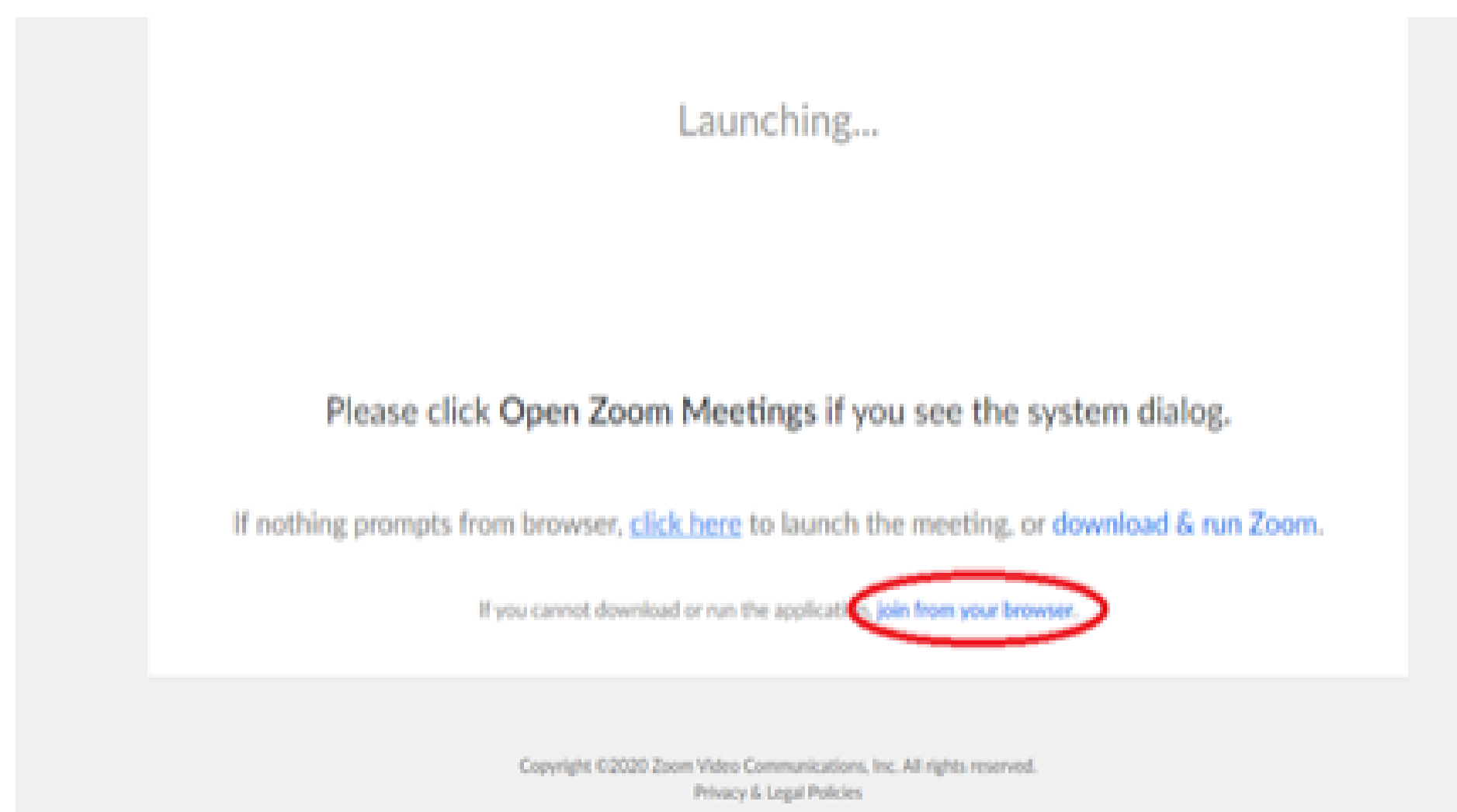
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