

# Supporting Teen Parents

October 29th, 2020

13:30- 15:00

This presentation will focus on how to work with and support teen parents effectively. It will address some of the challenges that teen parents face and provide suggestions on how to guide them through those challenges.

## Learning Objectives:

- Adolescent brain development and its impact on adolescent parenting
- How teen parents navigate both adolescent challenges and adult challenges simultaneously
- Toxic positivity vs. validation and hope



## Speaker:

Holly Strang has a degree in Human Ecology, with a Family Ecology focus, from the University of Alberta. She has worked for the Terra Centre for Teen Parents as the Youth Leadership Facilitator for the last four years. Holly works with first nations youth every day as the Terra Centre's participant population is approximately 50% first nations.



### Target Audience

Parents of teen parents and practitioners working with teen parents, including medical and educational



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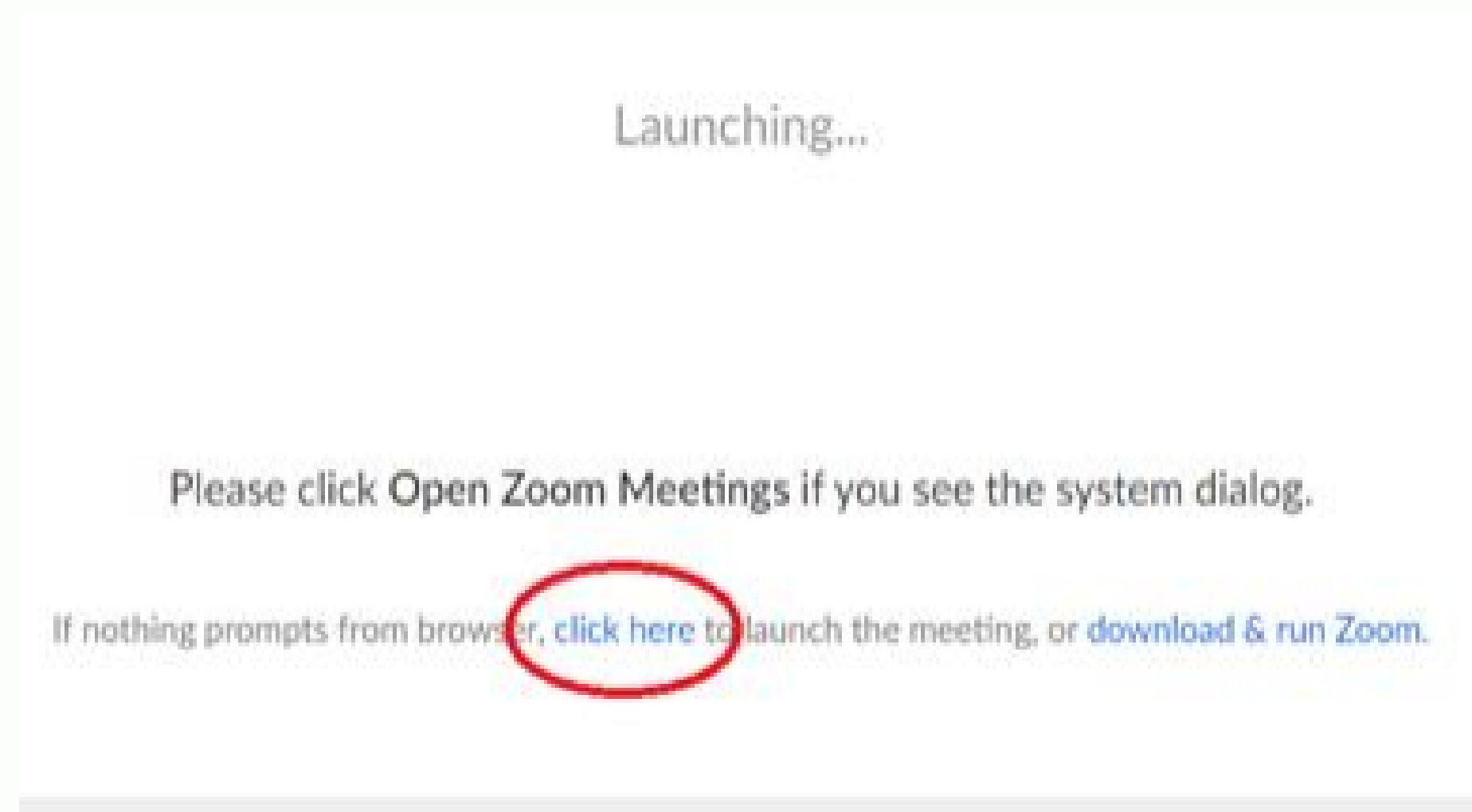
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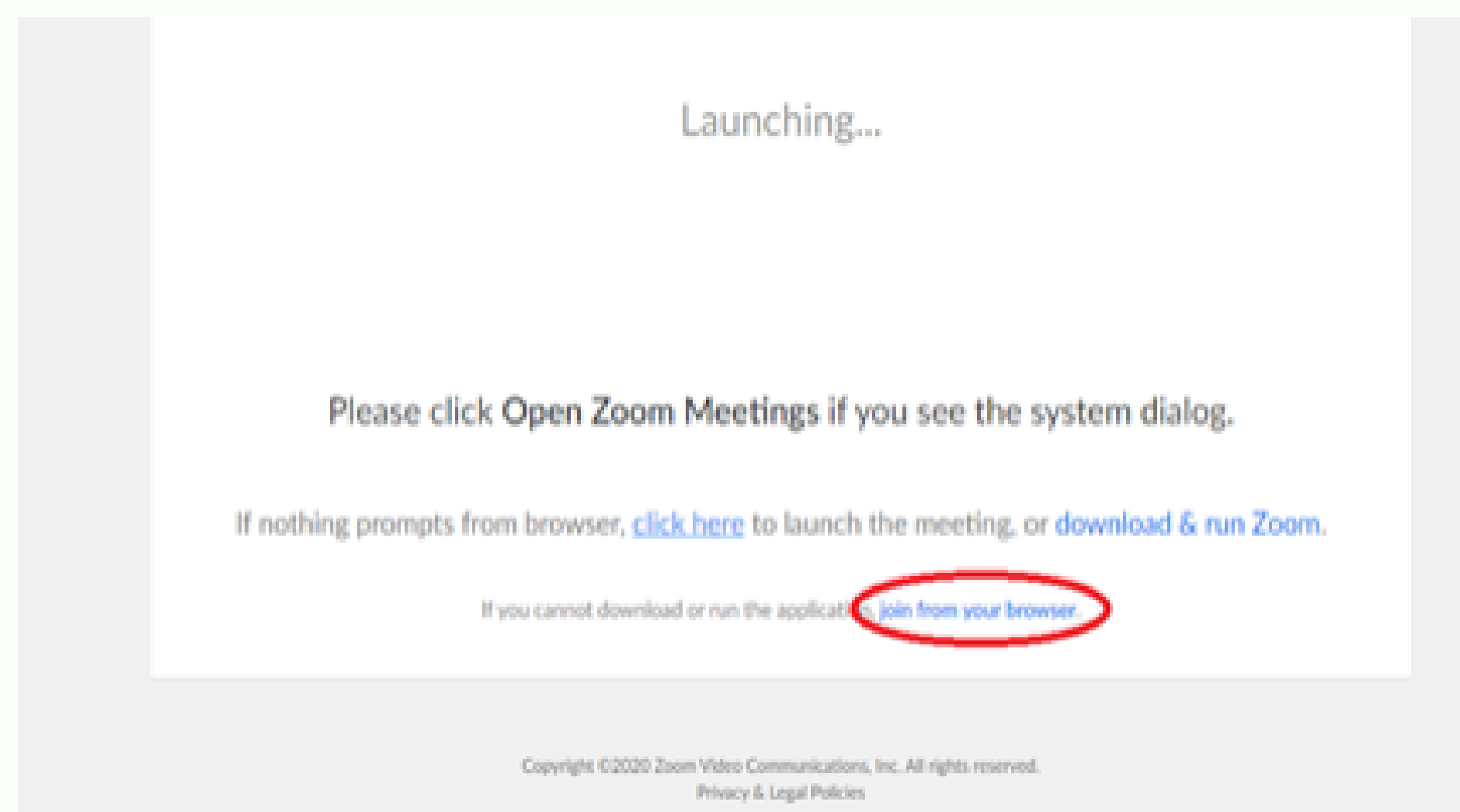
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