# Elder Mental Wellness

## Miyo-mâmitoneyihcikan / Kedìh ùùjón "Good Mind" Learning Series

# October 15th, 2020
## 10:30 - 12:00

### Learning Objectives:

- Isolation and loneliness
- Elder abuse
- Dealing with illness
- Death of loss
- Resources



### Speaker:

Olabisi Olaniyan, has worked as a Registered nurse and a Nurse Instructor in Nigeria for 14 years (1988-2002); Registered Psych Nurse, Clinical Nurse Manager, and Registered Nurse Prescriber in Ireland from 2002-2013; Mental Health Nurse in BC from 2013 to 2016; Addiction, Mental & Behavioral Health Manager, Northern Health Region Thompson, Manitoba 2017; Area 9 Manager Inpatient Unit Addiction & Mental Health, QEII Hospital Grande Prairie from 2018 to the present.

## Please contact
## Darcy Jagodzinsky for additional information at DJagodzinsky@treaty8.org

### Target Audience
Health Directors,
Community Based Workers,
Interested Learners

• • • • • • • • • •

VISIT THE FIRST NATION PORTAL AT http://WWW.FNTN.CA TO REGISTER FOR THIS SESSION

• • • • • • • • • •

To access this session from an audio line, dial
1 587 328 1099
Enter Meeting ID: 919 4083 2331#
Passcode: 906830

• • • • • • • • • •

To access this session from zoom
https://fntn.zoom.us/join
Enter Meeting ID: 919 4083 2331
Passcode: 906830

• • • • • • • • • •

FIRST NATIONS TELEHEALTH NETWORK
WWW.FNTN.CA
1.888.999.3356
VCHELP@FNTN.CA

**Alberta Health Services**

# To join via internet browser

1. Please click the link below to join the webinar:
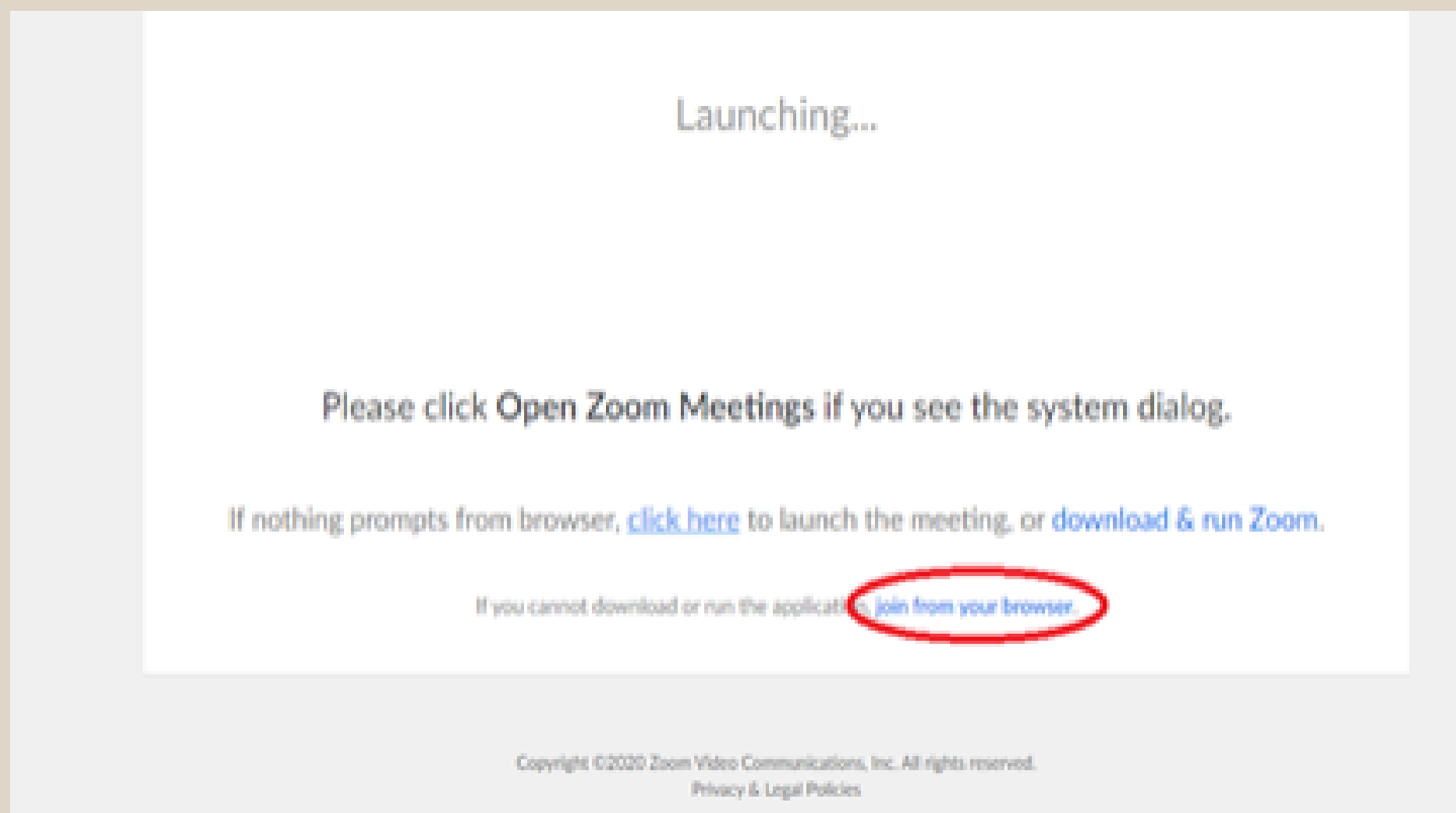   https://fntn.zoom.us/join

2. Enter Meeting ID: **919 4083 2331**
3. Passcode: **906830**
4. Click the option " click here" ( See image below)
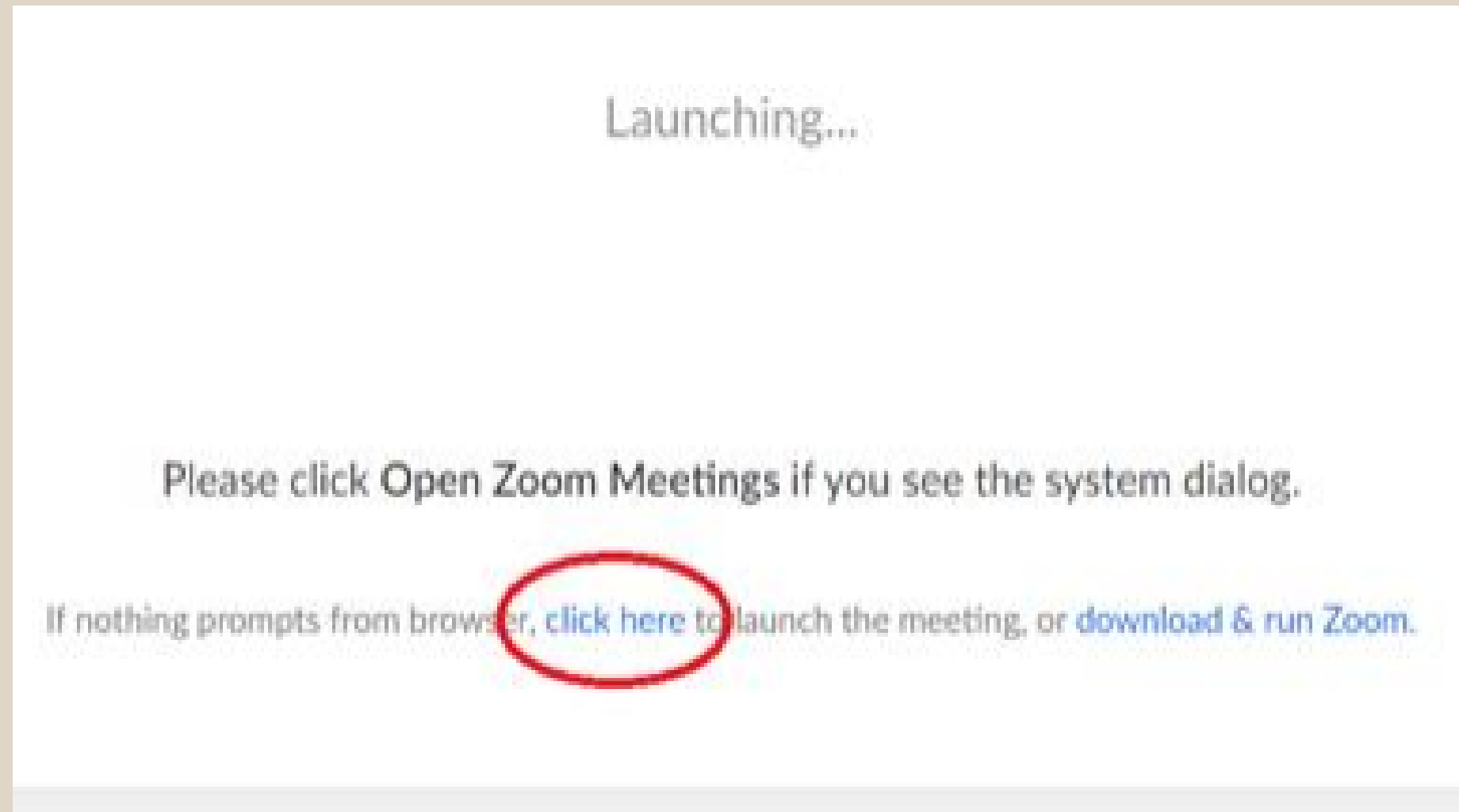


5. Another option will show up on the bottom, please click " join from your browser" (See image below)



6. You will now join the webinar, by default all attendees of the webinar are muted.

# To join Via Zoom apps:

1. Please click the link below to join the webinar:
   https://fntn.zoom.us/join

2. Enter Meeting ID: **919 4083 2331**
3. Passcode: **906830**
4. Choose "download and run Zoom"
5. An executable file will be download, please run the file
6. After the file has been installed, you will be ask to enter your "email" and your "name"
7. You will now join the webinar, by default all attendees of the webinar are muted.