

Young Adult Mental Wellness

Miyo-mâmitoneyihcikan / Kedih ùùjón "Good Mind" Learning Series

July 16th, 2020 13:00-14:30

Learning Objectives:

- Discussion on Suicide Ideation
- Discussions on Self Harm
- Discussions on Loss
- Resources



Speakers:

Colleen Mustus has worked with Treaty 8 First Nation Communities for approximately 35 years. Colleen is from Sturgeon Lake Cree Nation and has held multiple roles such as instructing at Nechi, supporting inner city homeless youth, and supporting Elders from First Nation Communities across Alberta.

Toni Malmquist-Batt, MSW. RSW. is a member of Region 6 Metis nation of Alberta and is originally from the Fort Vermillion area. Toni has worked as an AHS Mental Health Therapist for over 12 years in Grande Prairie, AB providing supports for Children and Youth and their families.

Dawn Jaravata, has worked with Alberta Health Services, as a Mental Health Therapist for the past 10 years on various teams. Prior to AHS, Dawn had worked with not-for-profit agencies supporting at risk youth, homeless adults, and women involved in the sex trade in Grande Prairie and surrounding communities.

Please contact
Darcy Jagodzinsky for
additional information at
DJagodzinsky@treaty8.org



Target Audience
Health Directors,
Community Based Workers,
Interested Learners



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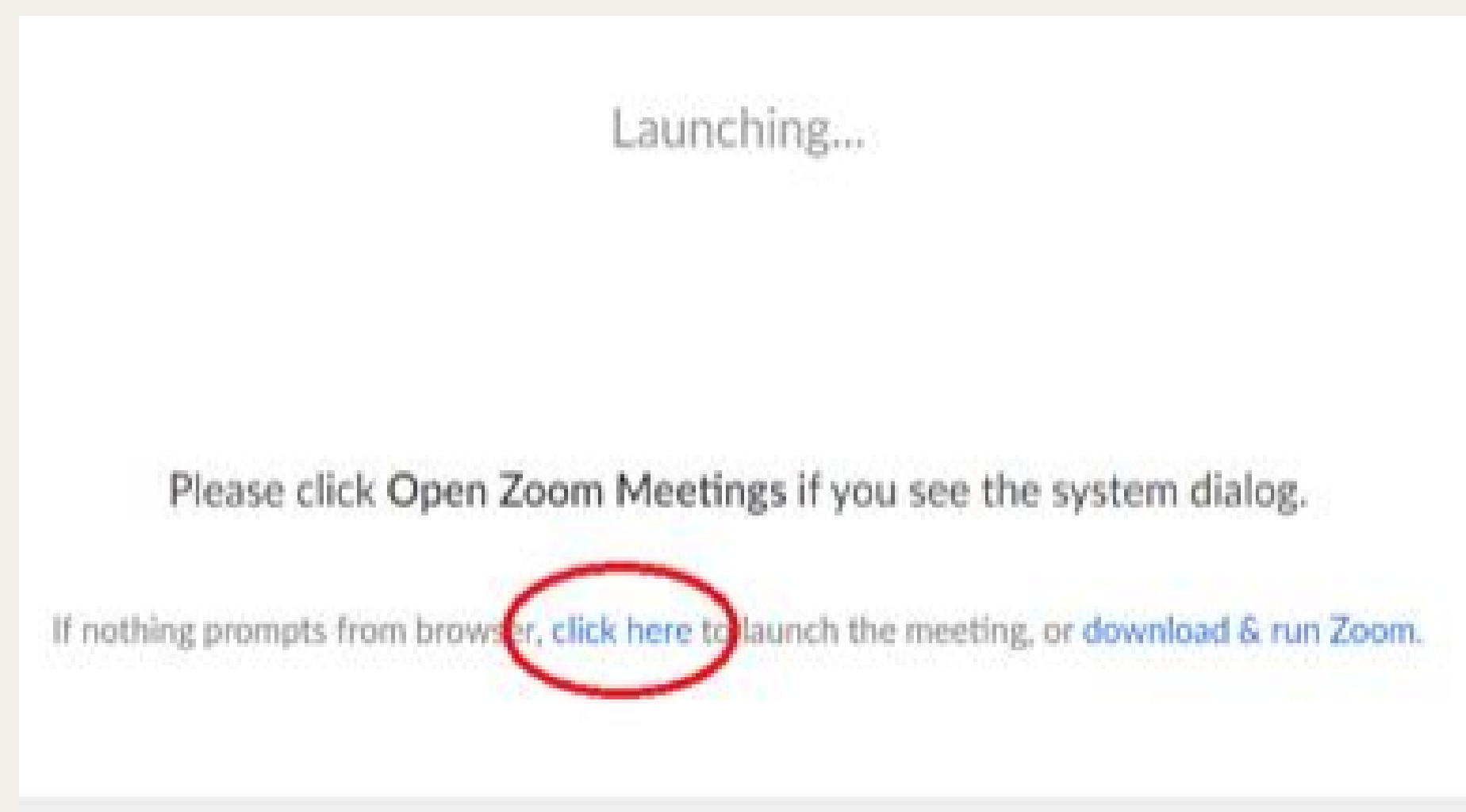
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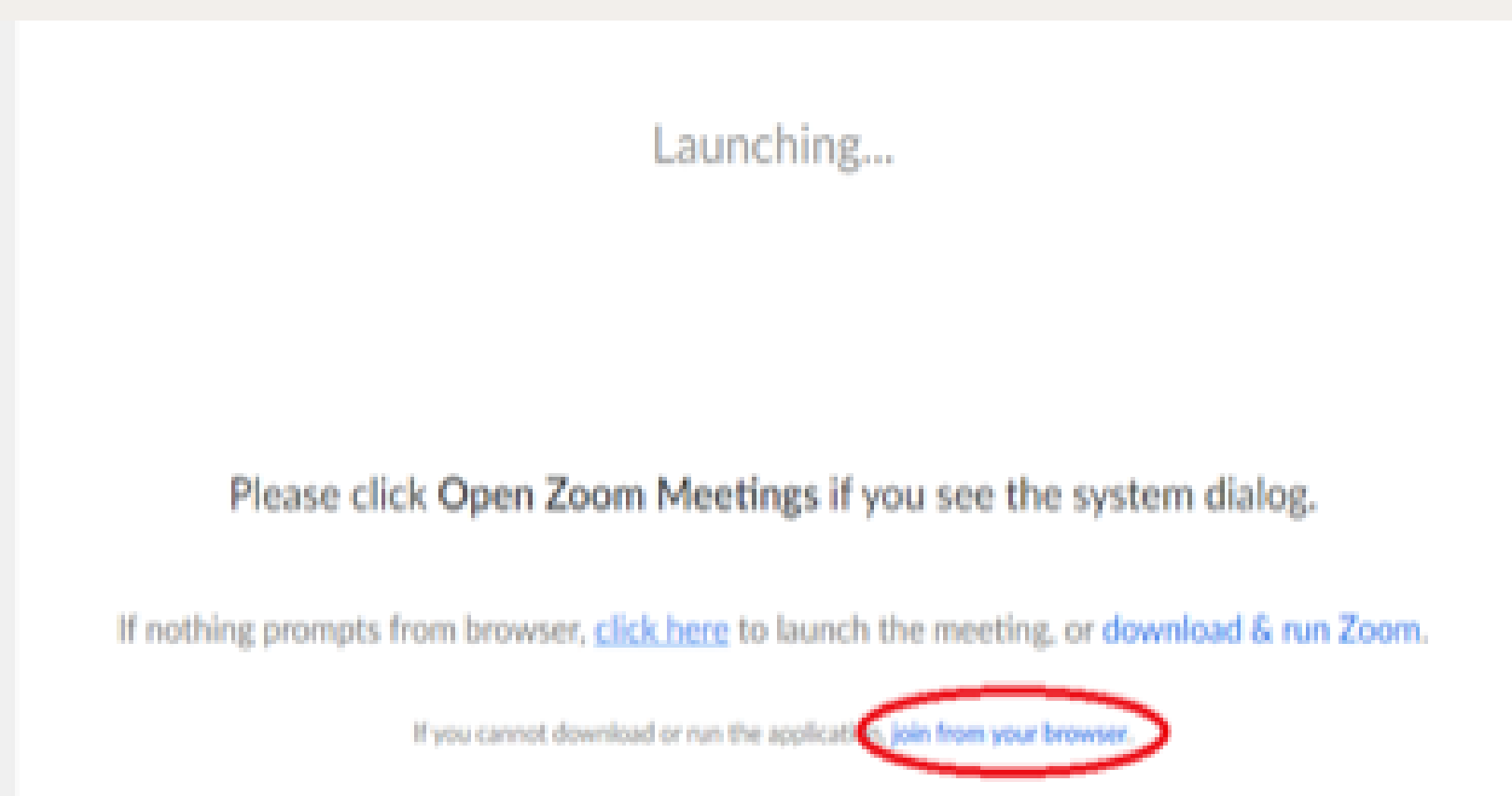
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